



Unitarian Universalist Fellowship of Charlotte County
1532 Forrest Nelson Boulevard, Port Charlotte, Florida 33952
941.627.4303 – www.uufcc.org – www.facebook.com/uufcc

COMMUNIQUE

Can you say kuh-myoo-nuh-kay?

UUFCC—founded in 1969

UNITARIAN UNIVERSALISM

promotes

SEVEN PRINCIPLES

as strong values & moral guides:

1st Principle

The inherent worth and dignity of every person;

2nd Principle

Justice, equity and compassion in human relations;

3rd Principle

Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle

A free and responsible search for truth and meaning;

5th Principle

The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle

The goal of world community with peace, liberty, and justice for all;

7th Principle

Respect for the interdependent web of all existence of which we are a part.

SUNDAY SERVICES

are at 10:30 a.m.

Services are hybrid:
in-person and
on YouTube.

www.youtube.com

LETTER FROM THE BOARD

Gossip. I've indulged in it, to my shame, and probably so have you. It's a lot like picking a scab. You know you shouldn't, but it feels soooo good. For a while. Until the real bleeding begins.

My friend Roz had a sister, Kate, who moved to our town. After I visited her, I told another friend that although I liked Kate, I thought her house smelled like dog. The "friend" told Roz, who came at me blazing, defending her sister. And rightly so.

Greater maturity and, later, leading our Happiness class helped cure my judgmentalism. Being on the Board reinforces it hugely. Though its composition has changed in my second term, its commitment has not. Everyone on it serves as a covenantal model to me. That's why I find it mysterious that any person in this congregation would assume any of our leaders has malevolent (or even just selfish) intentions toward anyone else. The worst label I can pin on anyone, including myself, is a kind of benign unawareness of what's rumbling inside each of you. If you doubt that, what possible motive for your leaders' ill-will can you imagine? Power? In a volunteer position? Every one of your leaders and colleagues puts in long hours of dedication. Second-guessing or, worse, distrusting our motives ... well, that hurts.

A current friend told me of a job where she dared not complain to the administrators for fear of reprisal.

That's exactly what our covenant exists to prevent. Dissatisfied with someone or something? Feeling personally wounded? Take it, respectfully but directly, to the source. **It is never okay to complain about to a third person**, no matter how tempting, even to your most trusted friend. It's a tall order, but if people approach you with gossip or complaints? Remind them, kindly and gently, that you're not the appropriate party to talk to about it—that would be triangulation, i.e., a breach of covenant.

Maybe you're tired of these "sound-bites." But though you and I glibly repeat our covenant's words when requested, they're hard words to remember when our emotions come up. They are harder still to abide by. Yet those words, my dear friends, are what make our Fellowship different from all other groups. Even among well-meaning people, conflicts cannot be avoided; it's our covenant that shows us how to deal—not stew in silence, not run away, not gossip, not gripe and complain, but deal—with the conflicts. It's our template for how to be our best selves, how to feel good inside.

May it be so for us all.

Sharon Whitehill
Trustee
UUFCC Board of Trustees





COMMUNITY CONNECTION GROUPS

Get Activated Post Hurricane Helene



Hello beloved friends,

The Board of Trustees at UUFCC is thinking of all you, our members and friends, and of your safety as we begin to pick up the pieces after Hurricane Helene.

We are reaching out in many ways, including this message that has links to current disaster assistance information.

COMMUNITY CONNECTION GROUP

Please remember to check with your UUFCC COMMUNITY CONNECTION GROUP for needs following the storm. If you are not connected with a group, feel free to contact Lorrie D and or Laura L for other connections or assistance.

PASTORAL CARE MAY BE NEEDED

Fellowship members can become isolated and some may feel neglected. The network that our Fellowship created during the pandemic is still needed. And we have a Pastoral Care Specialist:

Rev. Ann Barker

941-235-0269 or revannbarker@gmail.com

LESSONS LEARNED FROM COVID HELP

Lessons learned during the pandemic will be helpful as the climate change problem develops.

RESOURCE SHARING

Although our area doesn't have cluster congregations organized, the UU congregations in Fort Myers, Venice and Naples are active and we may be interested and able to share resources.

FINANCIAL DONATIONS

Financial donations to UUA's Disaster Relief Fund are always appreciated. The Disaster Relief Fund helps congregations with rebuilding and other needs. If you want to make a donation, please contact:

UNITARIAN UNIVERSALIST ASSOCIATION

1-888-792-5885

FIRST: AN EMAIL WELLNESS CHECK

Now is the time for Community Connection Group Leaders to check with Fellowship members and friends to express concern and to offer immediate assistance.

SECOND: COMMUNITY PARTNER CONNECTION

People who are most in need of assistance are often the people who needed help before the storm. Community groups that do the most good are usually the groups that are already active. Stay with groups that you know and trust.

Migrant workers and other houseless (homeless) people are among individuals who are often neglected after storms. If you're trying to identify organizations that can be helpful, Rev. Bob Murphy has information:

murphydalzel@aol.com

Florida's new law to control its homeless population goes into effect on Tuesday (Oct. 1.)

THIRD: PAUSE AND REFLECT

Pause during Sunday services to reflect on the suffering caused by Hurricane Helene and other recent disasters.

Fellowship members and friends may want to speak about their recent experiences. They may need assistance.

RESOURCES

Information and assistance after Hurricane Helene is available. Call:

1-800-621-3362 FEMA ASSISTANCE

1-800-342-3557 FLORIDA DIVISION OF EMERGENCY MANAGEMENT

Florida is now required to have a shelter that takes pets in each county.

**Caring for one another is a core spiritual practice for Unitarian Universalists.
Pastoral care is the term we use for the way
we offer support and compassion to each other in community.**

FROM OUR PASTORAL CARE SPECIALIST

October is my favorite month for several reasons, most especially my birthday. Who doesn't love presents and pumpkin pie instead of cake? Even here in Florida, we can expect the weather to turn just a smidge cooler and we return to Eastern Standard Time. The days are a bit longer even as we head to the darkest days of the year. Then there's Halloween, the thin time between this world and the next. It is a time to honor the ancestors and thank them for their influences in our lives. Not to mention Trick or Treat candy. What's not to love about that?



Shorter days and earlier darkness can also suggest taking time for deeper reflection about our lives and how we can make changes for the better. Cooler weather might suggest getting out more for walks or even a picnic. Longer evenings might lead us to sit quietly and just think, read more poetry, or gather with others for coffee and conversation. How about cleaning out closets and cupboards to lighten our lives by freeing ourselves from some unneeded "stuff"? Or, you might want to pop some popcorn, slice a couple apples, curl up on the sofa and watch your favorite movie, scary or otherwise.

Enjoy this turning of the seasons!

Rev. Ann Barker

941-235-0269 or revannbarker@gmail.com



LEAGUE OF WOMEN VOTERS OF CHARLOTTE COUNTY CANDIDATES FORUM



During this event candidates will be asked to make opening statements and answer a finite number of written questions from the LWVCC and the public!

Meet & Greet will follow after the Q&A!

WHAT: League of Women Voters of Charlotte County
CANDIDATES FORUM

WHO: Charlotte County Judicial Candidates District 1,
Punta Gorda City Council Candidates,
Florida House of Representatives Candidates, and
U.S. Congress Candidates

WHEN: **SATURDAY, OCTOBER 5th, 2024**

TIME: **2-5 pm**

PLACE: Congregational United Church of Christ
1201 Aqui Esta Drive, Punta Gorda FL 33950



CONCH SHELL TRUMPETS

Be the change that you want to see in the world. That's the message in every season. It's a universal message that's very appropriate for Unitarian Universalists. It's a religious declaration for all people in all places in today's world.

Be the change that you want to see in the world. Some sources attribute the meme to Mohandas Gandhi, and the saying helps to explain his religious wisdom, but some folks mention other sources. The message is easily explained. Demonstrate good behavior. Show people what's possible and what's good. Like Mohandas Gandhi, you can work for political progress, and political progress is needed, but what matters first is something that is very personal and very spiritual.

A few years ago, I was involved in a religious group that wanted to encourage ethical eating. Dietary laws and sermons were suggested, but, after much discussion and listening, **our group returned to Mohandas Gandhi's practices. We began to serve vegan and vegetarian food at church events.** Community gardening and the use of Fair Trade products were encouraged. Recipes were exchanged. The price of groceries was rising, and some people were worried about protein and taste and food preparation and other matters, and there are all sorts of other challenges, so we did our best to be helpful.

Hurricane Helene arrived in Florida a few days ago. There were mass evacuations in many places and some people lost their homes.



The Dances of Universal Peace are a spiritual practice that employs singing and dancing the sacred phrases of the world's religions. Their intention is to raise consciousness and promote peace between diverse religions according to one stated goal.



**Rev.
Robert (Bob) Murphy
Unitarian Universalist
Community Minister
Florida**

Repairing highways and drainage systems is essential. There's a need, also, to create and sustain a social infrastructure that will serve all of the people in the different neighborhoods. Mutual aid and building voluntary associations will be useful. The moment has arrived.

Show people what's possible and good in a pluralistic society.

On the morning of August 15th, 1947, the Constituent Assembly of New Delhi used a conch shell to announce that the era of colonialism had ended in India. A new era of liberation became possible.

Buddhists and Hindus say that conch shell trumpets (shankhas) provide the sacred OM sound that is important in their rituals. The Om is an invocation of the divine.

For some Unitarian Universalists, the conch shell trumpet has become a ceremonial object used in spiritual practices. Transformation for the good is needed for all nations and Unitarian Universalists are involved. Our congregations join with other groups to encourage a sense of community. Conch shell trumpets announce many possibilities. **The Dances of Universal Peace will happen in several places in October.** Citizen foresters and community gardeners will gather for harvest dinners. **The season of Indigenous Peoples Day (October 12)** has special importance. Reconciliation and healing are needed for Florida and the Caribbean.

After Hurricane Helene comes new and notable opportunities to get things right. Music and dance will help.

Domestic Violence Awareness Month Luncheon

The Center for Abuse and Rape Emergencies, Inc.
Of Charlotte County (C.A.R.E.)

Invites YOU To Join Us
October 23, 12:00 Noon

Isles Yacht Club
1780 W. Marion Avenue, Punta Gorda
RSVP by calling 941-639-5499 or email Admin@carefl.org

DOMESTIC
VIOLENCE
AWARENESS
MONTH
LUNCHEON
WITH
C.A.R.E.



AMANDA PRICE
Chief Executive Officer
Florida Partnership to
End Domestic Violence
(FPEDV)



ISLES YACHT CLUB
1780 W MARION AVE, PUNTA GORDA, FL 33950

OCTOBER 23rd, 2024

Tickets available at the door, \$20 donation appreciated.

www.carefl.org



Unitarian Universalists include, but are not limited to, agnostic, atheist, Buddhist, Christian, earth-centered, Hindu, Humanist, Islam, Jewish, Muslim, Pagan, Taoism, believers in God, and more.

www.uua.org/beliefs/who-we-are



UU SOURCES OF OUR LIVING TRADITION

UU congregations “live out [their seven] Principles within a ‘living tradition’ of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture and personal experience. These are the six sources our congregations affirm and promote:

- “Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- “Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- “Wisdom from the world’s religions which inspires us in our ethical and spiritual life;
- “Jewish and Christian teachings which call us to respond to God’s love by loving our neighbors as ourselves;
- “Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- “Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.”

<https://www.uua.org/beliefs/what-we-believe/sources>



A man wanted to become a monk so he went to the monastery and talked to the head monk.

The head monk said, "You must take a vow of silence and can only say two words every three years."

The man agreed and after the first three years, the head monk came to him and said, "What are your two words?"

"Food cold!" the man replied.

Three more years went by and the head monk came to him and said, "What are your two words?"

"Robe dirty!" the man exclaimed.

Three more years went by and the head monk came to him and said, "What are your two words?"

"I quit!" said the man.

"Well," the head monk replied, "I am not surprised. You have done nothing but complain ever since you got here!"



**COALITION OF IMMOKALEE WORKERS (CIW)
Congratulates Acclaimed Environmental Activist
NNIMMO BASSEY
2024 Wallenberg Medal Winner
excerpted by Theodore Zawistowski from 09/2024 CIW article
with permission of CIW (See full article at ciw-online.org)**

The Wallenberg Medal is named after Raoul Wallenberg who saved tens of thousands of Hungarian Jews near the end of World War II.

Notable recipients include Archbishop Desmond Tutu, Miep Gies, John Lewis, Masha Gessen, Elie Wiesel, Denis Mukwege, His Holiness Tenzin Gyatso, Fourteenth Dalai Lama of Tibet, and our own CIW co-founder Lucas Benitez.



recipient of the 2010 Right Livelihood Award (aka “Alternative Nobel Prize”), and received the Rafto Human Rights Prize in 2012.

Sioban Harlow, Professor Emerita of Epidemiology and Global Public Health and chair of the Wallenberg Medal Executive Committee, said of Bassey:

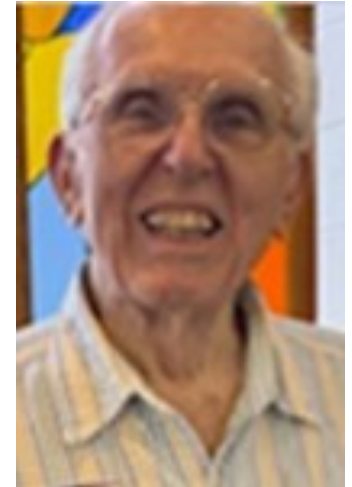
“As an architect, poet, writer and human rights advocate, Nnimmo Bassey works to address

Many Wallenberg recipients, including Benitez and Bassey, have worked on the ‘frontline’ of human rights, forging innovative and lasting solutions to confront the causes of human suffering and indignity.

Nnimmo Bassey is an architect and director of the Nigeria-based ecological think-tank, Health of Mother Earth Foundation (HOMEF), and a member of the steering committee of Oilwatch International, a network resisting the expansion of fossil fuel extraction in the Global South. He chaired Friends of the Earth International (2008-2012), was a co-

root cause issues driving climate migration, environmental and social impacts of extractive production, and hunger in the Niger Delta. His commitment to socio-ecological justice connects large-scale issues of climate change, exploitation of natural resources, and political/corporate intransigence to the lives of individuals in the Niger Delta and beyond.”

Just as we congratulated our own CIW Benitez who forged the FAIR FOOD PROGRAM, we congratulate this year’s Wallenberg Medal recipient, NNIMMO BASSEY.



An Elevator Speech

Unitarian Universalists gather in community to support one another’s individual spiritual journeys, trusting that openness to one another’s experiences will enhance their own understanding of their own links with the divine, with history, and with one another.

—UU Rev. Jonalu Johnston, Oklahoma City, Oklahoma
<http://archive.uuworld.org/2003/06/affirmations.html>

PUNTA GORDA LIBRARY'S MAKERSPACE DEVICES

Provided by Arlene Waters

Want to create! The Punta Gorda Library has equipment that is FREE to use! Set up an appointment, bring your project materials, and be prepared to learn as you go. You'll need to sign a waiver before you begin.

With their Cricut (Cricut Explore Air) machine, you can create with vinyl, cut intricate designs from paper, and do much more! Set up an account on Cricut.com and connect your own device using Bluetooth or USB. You must provide the vinyl, iron-on transfers, and/or paper.

With their 3D Printer (Lulzbot Workhorse), you can design toys, decorations, useful objects and more. Start by creating your design on your own or our device; then, print your project in plastic. You must provide the plastic filament to use in the machine.

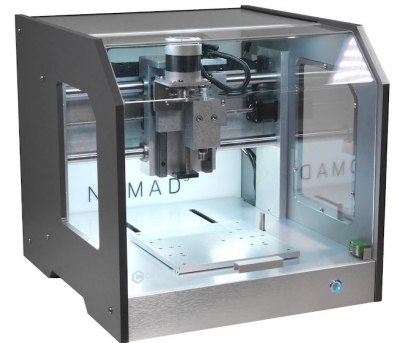
With their CNC machine (Nomad 833), you can carve with precision through various materials. The library will provide the machine and design software. You must provide the material to be cut.

With their Laser Cutter (BossLaser LS-1420), you can engrave detailed images and inscriptions into wood or acrylic. Create your design using the library's computer and cut it using their (BossLaser LS-1420). You must provide to materials to be cut.

Also available are (Eversewn Sparrow 30) Sewing Machines. The library will provide the machine, scissors, iron and basic tools. You must provide your fabric, patterns, thread and notions.

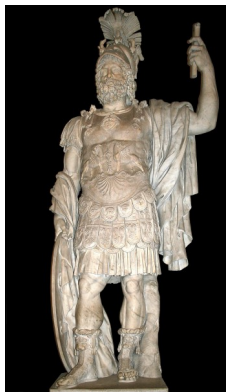
For more information, visit or call:

PUNTA GORDA LIBRARY
401 Shreve Street
Punta Gorda, FL 33950
941-833-5460



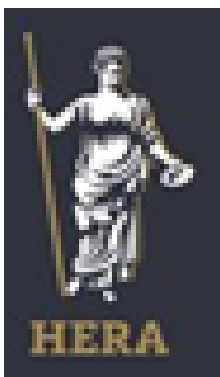
OCTOBER: TENTH MONTH OF THE YEAR

Depending on the hemisphere, OCTOBER is associated with either spring or fall. It is also associated with MARS, THE ROMAN GOD OF WAR. The Roman Mars festivals occurred in spring and fall corresponding to both their agricultural and military seasons. Most interesting? Folk myths, tales and facts.



MYTHS

HERA, according to ancient Greeks, was goddess of women, marriage and family; protector of women in childbirth; and, wife and sister of ZEUS, king of the gods. Hera is said to have given birth to Mars, without Zeus, when a magic herb was given to her by Flora, Roman goddess of spring.



Mars was the father of Romulus and Remus. They were the twins who founded the city of Rome. Their unwilling mother, Rhea Silvia, was said to have been a vestal virgin at the time of impregnation.



FOLK LORE

If deer have gray coats in October, it will be a hard winter. A warm October means a cold February.

SAMHAIN is a pagan festival marking the end of summer and the beginning of winter. Most notably, October 31st, is the time of the rising of the spirits of the dead. On this night the boundaries between the living and the dead are blurred. Bonfires, dancing and the wearing of costumes are to confuse the spirits.

THE DAY OF THE DEAD, October 31st, is a Mexican holiday when the gates of heaven open at midnight and the spirits of the dead can rejoin their families for 24 hours. Food and other offerings are set out at gravesites or home alters.

Samhain and the Day of the Dead are the forerunners of our cultural celebration, Halloween.

Witches & broomsticks?

This image first appeared in "The Defender of Ladies" (1451), a French painting based on a manuscript by poet Martin le Franc. The roots are pagan: a fertility rite. Men rode on brooms, pitchforks and poles to encourage the growth of their crops.



Stephanie Garrett



FACTS

THE CHICAGO FIRE OF 1871 burned from October 8-10 and destroyed 3.3 miles of the city and 17,000 structures. It left 300 people dead and 100,000 homeless.

OKTOBERFEST was originally held October 17, 1810, in honor of the wedding of Bavarian Crown Prince Ludwig and Princess Therese of Saxony. The very successful beer concessions began in 1815 and continue today.

Unitarian Universalism is a liberal religion characterized by a free and responsible search for truth and meaning.

Unitarian Universalists assert no creed, but instead are unified by their shared search for spiritual growth, guided by a dynamic, living tradition.

en.wikipedia.org/wiki/UnitarianUniversalism

CENTER FOR ABUSE AND RAPE EMERGENCIES (C.A.R.E.)

helps victims and survivors of domestic violence, sexual assault and other violent crimes.

C.A.R.E.'s goal is to create safety in our community by helping victims and survivors and by promoting non-violent relationships by example and education.

All are invited to C.A.R.E.'s annual raffle basket fundraiser luncheon.

MaryLou Proudfoot Kennedy, a UUFCC member who is also on C.A.R.E.'s Board, is going. Make your reservation now! And if you'd like to share a table, please let MaryLou know.

NOV 4TH

BASKET *Luncheon*

*Get a Jump on Holiday
Shopping and Support C.A.R.E.
at the Basket Luncheon*

**November 4th - 12-1 PM
at FM Don's**

**Cost: \$30 per person
Lunch Included**

**For Reservations:
Scan QR Code to Pay via PayPal
or Call 941-639-5499**

The Center for Abuse & Rape Emergencies, Inc.
CARE
Auxiliary Society

GO VEGAN



COMPASSION



NONVIOLENCE



FOR THE ANIMALS



FOR THE PLANET



FOR THE PEOPLE

HIBISCUS TEA: COLD & HOT

A popular drink known by several names in the Americas.

Popular cold during hot weather, but it can be served hot.

Hibiscus tea is tart and you may want to add more water or sweetener.

Experiment!



Rev. Robert (Bob) Murphy,
UU Community Minister,
and his wife,
Lyn Dalzell, Phys. Asst. (ret.)

Both now of Florida

INGREDIENTS

- 2 cups dried hibiscus flowers
- 1 cinnamon stick
- 1 piece of ginger, 2-inches or less, peeled and chopped.
- ½ tsp allspice berries
- Stevia or agave syrup as sweetener
- Mint or lime wedges

DIRECTIONS

1. Add dried hibiscus flowers to 2 quarts of cold water.
2. Boil in a medium-sized pot.
3. As water boils, add allspice berries, cinnamon, and ginger.
4. Turn off heat and steep for about 20 minutes.
5. Strain mixture into a bowl and cool to room temperature.
6. Sweeten to taste.
7. A half-and-half mix of cold tea and plain soda water is possible.
8. Serve chilled with ice.
9. Mint or lime wedges can be added.

FOOTNOTES

Dried hibiscus flowers are available at major markets and specialty shops.

Stevia or agave syrup are suggested as sweeteners.

Both are native to the Americas.

Allspice is also native to the Americas.

LOOK AT THIS



UUFCC GENEROSITY!

MAKE A DIFFERENCE

SECOND HELPING

Your **MAY 2024** Donations Totaled **\$809.00** which was given to:



LEAGUE of UNITED LATIN AMERICAN CITIZENS

LULAC: Advancing economic condition, educational attainment, political influence, housing, health and civil rights of Hispanics in the USA.

https://lulac.org/members/directory/Council_7276

Wow!

PEACE GARDEN ENGRAVED PAVERS

Honor beloved UUFCC members and friends AND help UUFCC.

\$75 buys one paver of which \$45 gets donated to UUFCC

Use **ORDER FORM** in **WEEKLY UPDATE**



ENDOWMENT

Honor beloved Fellowship members and friends AND help UUFCC.

Endowment funds assure UUFCC's financial future and further UU principles and practices.

Make contribution to: **UUFCC Endowment Fund** and on check memo line write "In Memory of [beloved's name]"

In Memory

Of...



UUSC CAPAS

Congregational Accompaniment Project for Asylum Seekers and

UUFCC

are assisting a Venezuelan family seeking asylum.

YOU CAN HELP!

- Donate clothes, filing fees, food, money, gas cards ...
- Translate for the family.
- Plan a recreational outing.



VOLUNTEERS NEEDED



SUNDAY SERVICES

**SECOND SUNDAY
SECOND HELPING**
OCTOBER 2024 RECIPIENT

**PINK
HAVEN
COALITION**

CONGREGATIONAL COVENANT

*"Covenant" is Latin for "walking together."
This Covenant is a living, dynamic document
describing how we intend to live the Principles
we value in our religious community.*

We, the members of UUFCC, covenant to support and cherish all our members and friends and encourage each other to honor these high standards of relationship.

We value a free, open, and mutually respectful exchange of ideas. We honor all voices and encourage thoughtful freedom of expression.

We respect each other's views, backgrounds, and spiritual ideas. We listen to each other without judgement or interruption and speak directly with a person instead of about a person. We will address issues and behaviors, rather than people and personalities.

We will be considerate but courageous in name behavior that diminishes our community. We offer forgiveness and understanding and expect that from each other. In all situations, we strive to honor everyone's dignity and wellbeing.

We trust this Covenant will help us work well together to make decisions, solve problems, and express differences of opinion in a considerate, respectful, and genuinely caring way.

**OCTOBER
THEME**

**THE PRACTICE OF
DEEP LISTENING**

10-06-24 DEEP LISTENING AS SOUL WORK

Speaker: Rev. Ann Barker

Worship Associate: Lorrie Douglas

POTLUCK will be after 10-06-24 services

10-13-24 PINK HAVEN COALITION

A collective of organizations & individuals committed to trans liberation and joy and to growing community defense, mutual-aid, & alternative systems of care for gender diverse people. pinkhaven.org

Second Sunday Second Helpings are for worthy organizations in our community to intentionally support their good work.

Speaker: A Pink Haven Coalition Representative

Worship Associate: To be determined

10-20-24 CHANGING MINDS

Speaker: Ted Zawistowski

Worship Associate: Shelly Canterbury

10-27-24 BUDDHISM

Speaker: Maureen Peters

Worship Associate: Laura Anderson

THE BOOK OF LIFE

Your Book of Life entries or announcements you would like read from the pulpit Sunday mornings are important. Make sure your entry or announcement gets read on Sunday morning; send it to:

If you have an emergent/urgent need to be announced after that, please call the worship associate directly. See info in *Weekly Update*.

bookoflife@uufcc.org

by 6:00 p.m. Saturday



Your
Worship
Associate
Committee



10/22

Debbie Meyers

For Birthday Shoutouts, contact Caring Committee:

office@uufcc.org

Weekly Events

Sundays 09:00 am Conversation Among Friends

10:30 am Worship Services

Wednesdays 07:00 pm Happy Hour with John Lee

Links

Use **UNIVERSAL ZOOM** for most activities

<https://zoom.us/j/93526372148>

To add to **SUNDAY ANNOUNCEMENTS** or **BOOK OF LIFE**
email **bookoflife@uufcc.org** by Saturday night

CONVERSATION AMONG FRIENDS

<https://zoom.us/j/95584243345>

CHALICE CIRCLES have their own Zoom links.

Azar Chalice Circle

<https://zoom.us/j/92886172999>

IMMIGRATION JUSTICE COMMITTEE

<https://zoom.us/j/97789863043pwd=c2tUenpGMmhjSExaUINOL3VHNIk5UT09>

UUFCC Social Group Sign-Up
social-uufcc@googlegroups.com

Spanish for Beginners

<https://us02web.zoom.us/j/81408957224pwd=cUhGejBuOVVRckU0L1R2SkM2SXhZQT09>

OCTOBER 2024 EVENTS



- 10/01 Tue 08:00 am Men's Coffee
- 10/02 Wed Noon BROWN BAG SOCIAL LUNCH**
04:00 pm Immigration Justice Committee
06:00 pm Choir Rehearsal
- 10/03 Thu 04:30 pm Buddhist Meditation
07:00 pm AA
- 10/05 Sat 10:00 am Worship Associates
- 10/06 Sun Noon PFLAG Steering Committee
- 10/07 Mon 01:30 pm Shaw Chalice Circle
03:00 pm Yoga
04:00 pm Azar Chalice Circle
- 10/08 Tue 08:00 am Men's Coffee
01:00 pm NAACP Criminal Justice Cmte.
- 10/09 Wed 10:00 am Caring Committee
06:00 pm Choir Rehearsal
- 10/10 Thu 09:00 am Port Charlotte Garden Club
04:30 pm Buddhist Meditation
07:00 pm AA
- 10/11 Fri 01:00 pm Communications Committee
- 10/12 Sat 09:00 am Democratic Club
- 10/13 Sun 11:45 am Social Justice Committee
- 10/14 Mon 10:30 am Leadership Council
03:00 pm Yoga
- 10/15 Tue 08:00 am Men's Coffee
- 10/16 Wed 04:00 pm Immigration Justice Committee
06:00 pm Choir Rehearsal
06:00 pm NAACP Executive Committee
- 10/17 Thu 04:30 pm Buddhist Meditation
06:30 pm AA
- 10/19 Sat 01:00 pm Stamping with Nancy
- 10/20 Sun BIRTHDAY CAKE SUNDAY**
- 10/21 Mon 10:00 am Art Committee
12:30 pm Mike K. Chalice Circle
01:30 pm Shaw Chalice Circle
03:00 pm Yoga
06:00 pm PFLAG Support Group
- 10/22 Tue 08:00 am Men's Coffee
- 10/23 Wed 06:00 pm Choir Rehearsal
- 10/24 Thu 04:30 pm Buddhist Meditation
06:30 pm AA
- 10/26 Sat 10:00 am UUFCC BOARD MEETING**
01:00 pm BETTY MUNFORD MEMORIAL
- 10/27 Sun 03:00 pm Secular Community of SW FL
- 10/28 Mon 03:00 pm Yoga
- 10/29 Tue 08:00 am Men's Coffee
- 10/30 Wed 01:30 pm Book Group
06:00 pm Choir Rehearsal
- 10/31 Thu 04:30 pm Buddhist Meditation
06:30 pm AA

MISSION: UUFCC is a liberal religious community committed to justice, a place where spirituality, diversity, reason, compassion, service, and fellowship meet. *(Adopted at 03-24-24 Annual Meeting.)*



PURPOSE: UUFCC is a religious community committed to diversity and social justice where spirituality, reason, compassion, service and fellowship meet. *UUFCC Bylaws Art. III (Adopted 03-27-22).*

VISION: Using our Covenant as a guide, we will provide expanded opportunities for ministries, programs and fellowship that inspire and support our life journeys. We will affirm: Love is the spirit of this Fellowship, and service is its law. This is our aspiration: To dwell together in peace, To seek truth in love, And to help one another. In the larger community, we will continue to be a strong, relevant voice serving justice and equality. *(Adopted 03-24-24.)*

WELCOMING: UUFCC strives to practice non-discrimination by embodying what UUFCC hopes to see in the world—a just, loving community in which people are free to be themselves fully and without fear. *UUFCC Bylaws Art. IV (Adopted 03.27.22).* [UUFCC: FOUNDED IN 1969.]

SUBMISSIONS INFO

COMM **UU** NIQUÉ welcomes submissions of 300 words or less.

Submissions may be edited for spelling, grammar, punctuation, clarity, legal ramifications, length, or general taste at the editors' discretion. Editors reserve the right to refuse to publish submissions for the same reasons. While acceptance rules are lenient, the editorial board will reject that deemed potentially libelous, racist, hateful, or a personal attack.

Anonymous submissions are not accepted.

MEMBER SPOTLIGHT SUGGESTIONS & IDEAS

Yes, we'd like to get to know you if we could ... (Spanky & Our Gang flashback?)

Tell us about you. What is your background? Where are you from?

Tell us about your life journey. What brought you to Florida and when?

Tell us about your career paths. Accomplishments? Interests? Hobbies?

How did you come to UUFCC? What keeps you here?

Tell us about current and past UU roles or involvement.

Something else? You decide! You tell us what you want us to know!

UUFCC directory/archives picture is used unless another is provided.

REALITY CHECK — DISCLAIMER — THE FINE PRINT

Views and opinions expressed in submissions are personal and belong solely to the author/submitter.

Views and opinions expressed do not necessarily reflect the official view, policy, Principles, Covenants, or positions of UUFCC or its newsletter editors.

Views and opinions expressed are not intended to malign any religion, ethnic group, organization, individual, or anyone or anything.

Guarantees are not made as to completeness, accuracy, usefulness, or timeliness.

SUPPORT ONE ANOTHER'S INDIVIDUAL SPIRITUAL JOURNEYS

Content is not intended to be negative, divisive, and/or diminishing.

Encourage and value a free, open, and mutually respectful exchange.

Uphold one another's First Amendment right to free speech.

Take all content kindly and in the spirit in which it was intended.

Cherish our Beloved Community.

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UUFCC

COMM **UU** NIQUÉ

Can you say kuh-myoo-nuh-kay?

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300-word limit articles due

1-wk before last day of month:

editorialboard@uufcc.org

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