



Unitarian Universalist Fellowship of Charlotte County
1532 Forrest Nelson Boulevard, Port Charlotte, Florida 33952
941.627.4303 – www.uufcc.org – www.facebook.com/uufcc

COMMUNIQUE

Can you say kuh-myoo-nuh-kay?

UUFCC—founded in 1969

UNITARIAN UNIVERSALISM

promotes

SEVEN PRINCIPLES

as strong values & moral guides:

1st Principle

The inherent worth and dignity of every person;

2nd Principle

Justice, equity and compassion in human relations;

3rd Principle

Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle

A free and responsible search for truth and meaning;

5th Principle

The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle

The goal of world community with peace, liberty, and justice for all;

7th Principle

Respect for the interdependent web of all existence of which we are a part.

SUNDAY SERVICES

are at 10:30 a.m.

Services are hybrid: in-person and on YouTube.

www.youtube.com
UUFCC Port Charlotte

LETTER FROM THE BOARD

Hi, I'm Joseph Fenty, your Board Vice President. That's my title, but I don't claim any special privileges: outside Board meetings, I'm like you. I love UUFCC as a whole and I love its beautiful and unique individuals. I know I speak for the Board in saying **we want to serve your needs, find ways to help you flourish, and grow our Fellowship.** I volunteered to provide this month's Board message.



My message is that **to sustain and expand our beloved community, we must foster the conditions where we can achieve our potential.** I suggest we take on several aspirational goals.

First, let's journey together with love. Let's strive to be compassionate, patient, respectful, and generous with one another. Try to see things from the other's perspective. Listen actively. Assume the other person is trying their best. It may be a difficult goal, but I know I can do better going forward.

Second, let's share responsibility for governance.

The Board is composed of nine people making decisions on your behalf. We strive to use good ethics, UU principles, principled management, conservative financial administration, and other standards to make

good decisions. We take advice from many sources, including you. Please share your concerns and suggestions. Together we can sustain an organization where all flourish.

Third, let's think big.

Our small Fellowship can have a big impact on our local community, city, state and country. We have a lot to offer. UU principles encourage respectful pluralism, respect for the web of life, personal growth and development, philanthropy, and social justice. Imagine a world that strives for and embraces these ideas. We are the change the world has been looking for.

Fourth, let's all take responsibility for introducing ourselves to visitors, new members and friends.

Take a minute to answer a question, share a story, and point them to a Board member for further information.

Finally, let's hang out.

Sunday services aren't our only opportunity to enjoy each other's company. Let's have fun, socialize, eat and learn things. Let's have deep conversations, silly experiences, and playful occasions.

Like these ideas? Have some of your own? Please let us know.

May you have a peaceful day.

Joseph Fenty, Vice President
UUFCC Board of Trustees

August 22nd
Commemoration Day



UN-sponsored
US Dept. of State-honored

**Caring for one another is a core spiritual practice for Unitarian Universalists.
Pastoral care is the term we use for the way
we offer support and compassion to each other in community.**

FROM OUR PASTORAL CARE SPECIALIST

The act of prayer is attested in written sources as early as five thousand years ago. Ludwig Feuerbach, a 19th-century German philosopher, summed up the significance of prayer when he stated:

“The most intimate essence of religion is revealed by the most simple religious act: prayer.”

All known human religions have some form of prayer and many have complex rituals for prayer both communal and personal. In trying times such as we are living in now, prayer in any of its myriad forms can bring a sense of peace, calm, centeredness, healing and engagement with things greater than ourselves. It can be an antidote to fear, worry, and stress. Therefore, I would encourage everyone to find a form of “prayer” that helps them achieve a more peaceful and centered life.

If you don’t already have such a practice, let me share a few.



Known as the “Universal Mantra,” “Om Mani Padme Hum” is one of the most recognized Buddhist mantras that focuses on giving and receiving compassion.

From Judaism, the Shema (Deuteronomy 6:5-9): *Hear, Israel, the Lord is our God, the Lord is One.*

For secular humanists, I can offer this article from *UU World Magazine*: <https://www.uuworld.org/articles/humanist-guide-prayer>.

Or contemplate this thought: “If the only prayer you ever say in your entire life is ‘thank you,’ that would be enough.” Meister Eckhart.

To create more tactile prayer, make or buy a set of prayer beads to run through your fingers, buy a mandala coloring book, walk a labyrinth (there are nine in Sarasota alone), do needle work, practice yoga or tai chi.

Would you like a one-time class on prayer and meditation? Let me know and we can arrange it for the Fall or Winter.

Contact me at revannbarker@gmail.com.

**UUFCC Art Committee
ART ON THE WALL**

ART SHOW



On display in the UUFCC Sanctuary through August 9th

UUFCC Art Committee proudly presents the abstract art work of

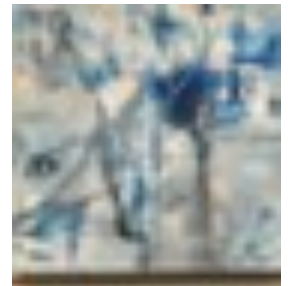
GINA BATTLE

Gina is a talented and popular artist. She had a studio at Artisan Atelier in Punta Gorda. Her work has been displayed many times at UUFCC.

Last October, Gina had two strokes. She is now navigating recovery solo. The strokes left her unable to create. Her art is her only source of income.

Due to Gina’s ongoing rehab after her strokes, no Friday reception was held.

Please enjoy the exhibit.



More ART p.4

ART from p.3



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WORLD ON FIRE: RESISTANCE AND RESILIENCE

It's August and it's hot as hell in Florida. Hurricanes and red tide may appear by the end of the month. Apocalyptic visions aren't popular among UUs. Still, the truth has been revealed in Florida. We can work with others to combine our vision with congregation-based strategies that will be useful during the weeks ahead. It's possible. We've seen it happen during recent days.

World on Fire: Humanitarian Work and Climate Change is an Action of Immediate Witness that was presented at the June national General Assembly for UUs. The statement developed because of UU experiences in Florida. Our statement expresses concern for the very young, the very old, the homeless, undocumented immigrants, those in prisons and other institutions, and other high-risk groups.

Florida's Unitarian Universalists are concerned about what happens before, during, and after community disasters.

We know that some people will receive Cadillac treatment, some will be abandoned, and some will be abused. UUs have talked about climate change for more than 20 years but moving from talking to doing has been difficult. The General Assembly was wary when introducing our climate change statement and there was plenty of discussion as our statement developed. We found agreement and the final draft was approved by more than **95%** of the delegates who voted. **Amazing.** A delegate from Massachusetts joked, "This level of agreement is almost unknown among Unitarian Universalists. In some years, we argue about when to break for lunch."



Rev.
Robert (Bob) Murphy
Unitarian Universalist
Community Minister
Florida



**American
Red Cross**



The religious message from Florida and the Caribbean islands is very simple. The climate change discussion is changing. In the region that's "south of the American South," people are vulnerable and we know that we're vulnerable. Puerto Rico and other islands have been overwhelmed by major storms. Florida people know that their environment is being transformed. The insurance companies and healthcare workers understand this reality and, despite some grumbling, even the climate change deniers are aware of the present situation. People are confused and divided, and a new nastiness is developing in some places.

But it's still possible to bring the themes of diversity, equity, and inclusion into religious work for climate justice.

Congregations can work with other community groups to **develop centers of resistance and resilience.** African-American people and indigenous people have been doing this for five hundred years in Florida and on islands in the Caribbean.

The lessons are very basic and they're very religious:

**Try to live in the right way with the sacred rhythms of nature.
Stay together and help each other.**

Mutual aid is important but, at a deeper level, what's more important is the spiritual understanding that encourages mutual aid.

**"We will be saved together or not at all,"
said the old-time Universalists.**

The elders got it right.



What our parents think we eat



What the world thinks we eat



What our critics think we eat



What we actually eat

VeganStreet.com

Unitarian Universalists include, but are not limited to, agnostic, atheist, Buddhist, Christian, earth-centered, Hindu, Humanist, Islam, Jewish, Muslim, Pagan, Taoism, believers in God, and more.

www.uua.org/beliefs/who-we-are

A lot of people have formed ideas about vegan food.

Many visualize vegan food as bland, phony and unsatisfying.

The reality is that those eating vegan food for every meal see an endless array of delicious and healthy treats that provide a much bigger variety of dishes than most people experience.

<https://www.veganstreet.com/what-our-parents-think-we-eat.html>





A few years ago, when we at UUFCC embraced our identity as a **lay-led congregation**, we were introduced to Soul Matters (SM). Soul Matters is a collection of resources available to UUs which is curated by UU ministers, lay leaders, religious educators, and music professionals. I believe it began as a way to support worship and has broadened into support for other groups as well. We, at UUFCC, use resources for worship, for small group discussions (we call them Chalice Circles), and for social media. There are other resources available and I will share with you throughout the year.

**This year's overarching frame is
The Practices of Our Faith.**

We're using this frame to focus on how Unitarian Universalism is ***a lived faith*** that inspires us to act, live, and love our values out in the world. Or to put it another way, we're diving into our long-loved commitment to "**deeds not creeds.**" Our overarching frame is also a way for us to connect to our ***new UU core value of Liberating Love***, with each of our monthly themes framed as a practice that help us embody liberating love in our daily lives.

I like that we are in a rhythm with Unitarian Universalists all over the world. I appreciate that professionals in our faith have considered, discussed, and collected these resources and

that they have shared them. It makes me feel more connected as a UU. I hope you will enjoy and appreciate some of this too!

I even discovered monthly music soundtracks (mostly folk-type music, which I like). I've been listening to them for two days and really like it.

Check it out:

<https://www.soulmatterssharingcircle.com/spotify-lists.html>



Laura Anderson
UUFCC Board Secretary

UU SOURCES OF OUR LIVING TRADITION

UU congregations “live out [their seven] Principles within a ‘living tradition’ of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture and personal experience. These are the six sources our congregations affirm and promote:

- “Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- “Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- “Wisdom from the world’s religions which inspires us in our ethical and spiritual life;
- “Jewish and Christian teachings which call us to respond to God’s love by loving our neighbors as ourselves;
- “Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- “Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.”

<https://www.uua.org/beliefs/what-we-believe/sources>

JULY’s UUFCC FUN FRIDAYS

Although a bit of a wild hare idea, thanks to those who volunteered to run the events, UUFCC had a wonderful variety of activities to offer for the month of July. From the fun of Improv, a Movie, One-Act Plays, Game Night, and Open Mic, to the more serious business of a deeply relevant Ken Burn’s Discussion, Meditative Drawing, and the Joy of Writing, there was something for everyone. Please go out of your way to thank those who hosted these events.
 — Laura Liermann, UUFCC Board Co-President

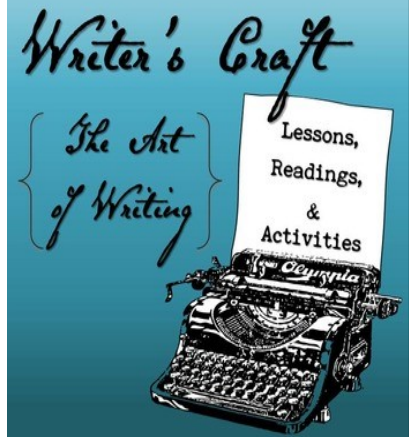


July 10, 2024
DISCUSSION GROUP with Robert Moran

Attendees watched Ken Burn’s excellent Commencement Speech. We then discussed what wisdom we’d offer the next generation. About 12 people came and the discussion went very well. Feedback was good. I would love to do it again with another topic using the same format: show a video & discuss.

July 10, 2024
JOY IN WRITING with Peggydawn Moran

(followed Robert’s group) for those who love writing, want to share or just write some more! Autobiography? Fantasy? Sci-Fi? Non-Fiction? There were three of us. And it wasn’t as easy as would seem. Even the best writers feel vulnerable sharing personal stories, and all new writers are daunted by sharing for the first time. What to do? Brainstorm more before a redo.

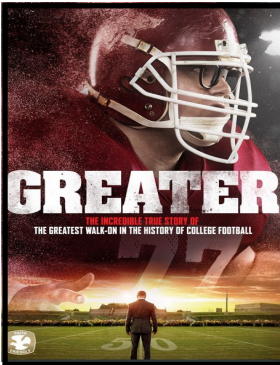


July 10, 2024
IMPROV with Patrick Eaton

I love IMPROV and wanted to share it with others. Rules: have fun, work together, listen to your partners. We had warm up activities & then IMPROV games. We had a good turnout & good time for the first class. Smiles and laughs for all. Very possibly, we will have a repeat class. Participants welcome. Spectators welcome.

More FUN FRIDAYS, p.9

FUN FRIDAYS from p.8



July 16, 2024 (Okay, this one was on a Tuesday! July Fun wasn't just for Fridays!!!)

WATCH THE MOVIE "GREATER" with Cory Dowdy

Brandon dreamed of playing for the Arkansas Razorbacks. He was told he wasn't good enough for Division I ball. He was awkward, embarrassed his teammates, annoyed his coaches, and yet ... For my birthday, I hosted this viewing party of my favorite film! Janet fixed up the social hall with a whole bunch of birthday decorations. People showed up and gathered for popcorn and soda and viewing. Everyone seemed to have a good time and loved the film!

July 19, 2024

ONE-ACT PLAY READINGS with Herb Levin

No lines to memorize— Just cold reading with fellow wannabe actors. Our initial readings took place in the sanctuary. Five plays were tackled, and all present participated. We had a fine, fun time, and were unanimous in agreeing to meet monthly.

Our next session: August 23rd at 10:30 am

We hope to see additional faces, to listen and/or read.

Questions? Ask Herb.



July 19, 2024

BOARD GAMES, CARD GAMES, and CRIBBAGE NIGHT with Ted Zawistowski & Don Liermann

This was for those who like to play, even if it's been a while!

Game On!

Despite strong lightning and torrential rain, four of us showed. Enough for a game of Rummikub! We enjoyed teaching or learning the game and spending time together. (Much better than being in the rain!)

We were in a different venue, having fun, and getting to know each other better. And that's what it's all about!

An Elevator Speech

Unitarian Universalists gather in community to support one another's individual spiritual journeys, trusting that openness to one another's experiences will enhance their own understanding of their own links with the divine, with history, and with one another.

—UU Rev. Jonalu Johnston, Oklahoma City, Oklahoma
<http://archive.uuworld.org/2003/06/affirmations.html>

More FUN FRIDAYS, p.10

FUN FRIDAYS from p.9

July 26, 2024

NEUROGRAPHY ART with Laura Liermann

Doodling meets Meditation and Creates Art!

Mindfulness, centering, and calming through coloring and doodling.

(It's not just for kids anymore!)

The Neurography event, which reduces anxiety and stress, was held on the cool, air-conditioned porch overlooking a beautiful but hot landscape.

The experience was relaxing and enjoyed by all.

Each person's finished product was completely unique and truly a work of art.

Thank you to those who participated.



July 26, 2024

OPEN MIC AND DRUM CIRCLE
 with Ryan Richardson, Ryan Smith & Doug Mattick


There were performances by Scott & Edie, and a duet with Randy and Janet.

Corey sang *Imagine*. Ryan and Janet performed a piano and sax piece.

There were storytellers, poetry readings, a drum circle, and Lyn told jokes.

Songs were suggested and sung by all with support from Scott on guitar.

To round out the night, the group sang *Eleanor Rigby* and *Scarborough Fair*!

A wonderful time was had by all!

What a great way to loosen up in a fun nonjudgmental/supportive environment.

Energy was high, people relaxed, mood light-hearted.



BTW,
 July's UUFCC Fun Fridays
 were kicked off with
 July's Potluck Sunday Funday
CHRISTMAS IN JULY!

Ham & cheesy potatoes and everyone's favorite
 Christmas sides were served!

Some even wore their Christmas clothes!!

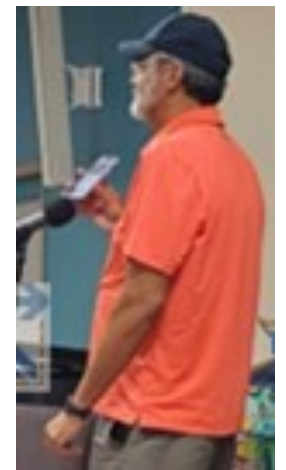
Jim played Christmas carols on the piano!!!

Fa la la la la, la la la la!

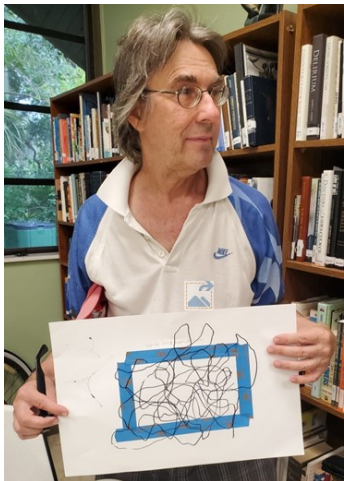
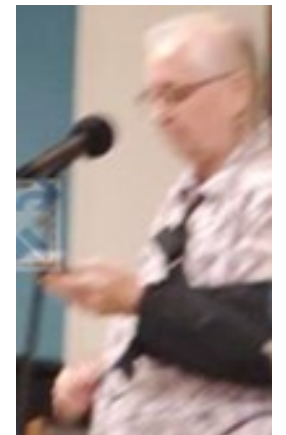
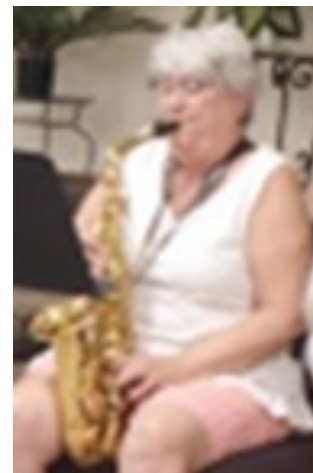


More FUN FRIDAYS, p.11

FUN FRIDAYS from p.10



So much fun that some events forgot to take pictures! Others remembered after some had already left. Thank you, Laura Liermann, for these pictures.



More FUN FRIDAYS, p12

FUN FRIDAYS from p.11

**Cory Dowdy's
"Greater" film viewing
birthday party
at UUFCC.**



**Thank you,
Janet Morrill
and
Dennis Shaw,
for these pictures.**



AUGUST, A TURNING POINT

August, the eighth month of the Roman calendar year, was named after the first **Roman Emperor Augustus Caesar**. His reign from 27 BC until his death in 14 AD provided a realm mostly free from armed conflict.



- On Aug. 24th, in 79 AD, **Mount Vesuvius** erupted near the city of Pompeii.
- August is also “**Get Ready for Kindergarten**” month.
- August 26th is **Women's Equity Day**



Stephanie Garrett

August shows **Sirius, the Dog Star** within the constellation Canis Major, at its brightest. The ancient Egyptians also noted the brightness of Sirius and that its arrival coincided with the annual flooding of the Nile, important for a good harvest.

August:

“A time to reap what you’ve sown.”
— A saying my grandmother said when someone did a zig rather than a zag, a good versus a bad choice.

Hopefully, the **August harvest** is a good one for survival during the darker months. The Romans referred to the days of July and August as the **“Dog Days of Summer”** because the bright Dog Star added to the heat of the summer sun.

Taking a look at what has taken place during this month of the final Dog Days, the following is noted:

- In 1762, the **sandwich** as we know it was created when the Earl of Sandwich requested meat between two pieces of bread.
- Aug. 5th is **National Underwear Day**.
- August 16th is **National Rum Day**.

in remembrance of the day in 1920 when the 19th Amendment to the US Constitution gave women the right to vote (which recognized that we possessed brains and could make decisions).

Speaking of Women ...

Did you know that female dragonflies will fake their own death to avoid mating with unwanted males?
Hit the road, Jack!

What do bulletproof vests, fire escapes, windshield wipers and laser printers all have in common?
All were invented by women.

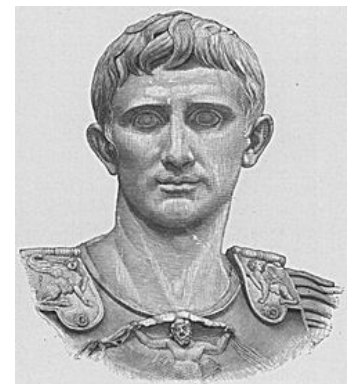
August Birthday Folk Quotes:

“One cannot deny the humanity of another without diminishing one’s own.”
— *James Baldwin* (b. Aug. 2)

“A thick skin is very helpful.”
— *Barack Obama* (b. Aug. 4)

“We have to be visible. We should not be ashamed of who we are.”
— *Marsha P. Johnson*, LGBTQ+ activist (b. Aug. 24)

“We shall never know all the good that a simple smile can do.”
— *Mother Teresa* (b. Aug. 27)



Roman Emperor Augustus Caesar

Unitarian Universalism is a liberal religion characterized by a free and responsible search for truth and meaning.

Unitarian Universalists assert no creed, but instead are unified by their shared search for spiritual growth, guided by a dynamic, living tradition.

en.wikipedia.org/wiki/UnitarianUniversalism

ALICE AND GEORGE CLATTENBURG CELEBRATE THEIR 70th WEDDING ANNIVERSARY

The biggest event of the day for these two 90-somethings is that they both got haircuts!



We are doing well in our new setting in Greenville, Rhode Island, but still miss everyone at UUFCC.

I'm living an independent lifestyle in Stillwater, which has several levels of care: Assisted Living, Memory Care, Rehab Unit and Skilled Nursing Unit, all in one building.

George's dementia has progressed to the point that he is wheelchair-bound in the Skilled Nursing Unit. He is well-cared for and I get to visit him every day.

Four of our six children are in Massachusetts and Rhode Island and are frequent visitors. I am no longer driving, but the kids are very willing to take me shopping and out to lunch. I have made friends with many people here, but no UUs here!

I have been visiting a few UU communities in person, via YouTube and Zoom, and I hope to settle on one soon. It will be difficult to find one as warm and welcoming as UUFCC!

— *Alice Clattenburg*

Hosted by Bianca L'Amour

Drag Queen

as seen on Fox's "I can see your Voice" Season 3

BINGO
@ Scottys

\$30 PER PERSON

AUGUST 24, 2024
7PM

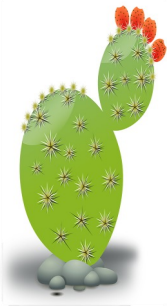
Join us for a night of fun and games and help us support the following charities!

PELAG

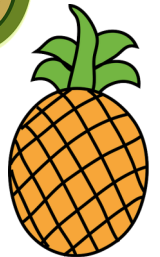
CARE
The Center for Abuse & Rape Enforcement, Inc.
Victim Services Center

14530 Tamiami Trail, North Port, FL 34287

GO VEGAN



CARIBBEAN CORNBREAD



An unusual cornbread that is gluten-free, sugar-free, and vegan.

INGREDIENTS

- 1 cup medium cornmeal
- 1 cup gluten-free flour
- 2 TBS baking powder
- 1 tsp salt
- 1½ cup coconut milk, almond milk, or soy milk
- ½ mashed banana
- ¼ cup chopped peppers or crushed pineapple



**Rev. Robert (Bob) Murphy,
UU Community Minister,
and his wife,
Lyn Dalzell, Phys. Asst. (ret.)
Both now of Florida**

DIRECTIONS

1. Preheat oven to 375° F.
2. Grease a nine inch cast iron skillet with vegetable oil. A baking pan can be used. The skillet or pan should be preheated in the oven.
3. Mix all the ingredients together. If the batter is too thick, add more liquid.
4. Pour batter into the preheated skillet or pan.
5. Bake for about 30 minutes or until the top is browned. A toothpick inserted into the center should come out clean.
6. Remove cornbread from oven and cool for at least 15 minutes.



Note: Sweet or mild peppers are suggested. If you use Scotch Bonnet or other hot peppers, proceed with caution: a tiny amount mixed with mild peppers will suffice. Nopales (cactus paddles) can be chopped and used with peppers. Canned nopales are available at major markets and specialty shops.

Serve and enjoy!

LOOK AT THIS



UUFCC GENEROSITY!

MAKE A DIFFERENCE

SECOND HELPING

Your April 2024 Donations Totaled **\$1,354.00**

Planned Parenthood Care. No matter what.

www.plannedparenthood.org

Wow!

PEACE GARDEN ENGRAVED PAVERS

Honor beloved UUFCC members and friends AND help UUFCC.

\$75 buys one paver of which \$45 gets donated to UUFCC

Use **ORDER FORM** in **WEEKLY UPDATE**



ENDOWMENT

Honor beloved Fellowship members and friends AND help UUFCC.

Endowment funds assure UUFCC's financial future and further UU principles and practices.

Make contribution to: **UUFCC Endowment Fund** and on check memo line write "In Memory of [beloved's name]"

In Memory

Of...

UUSC CAPAS

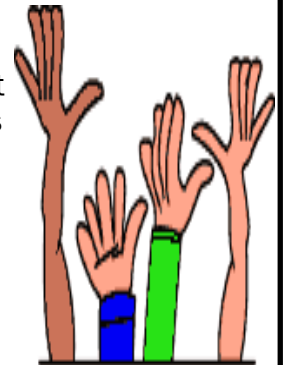
Congregational Accompaniment Project for Asylum Seekers and

UUFCC

are assisting a Venezuelan family seeking asylum.

YOU CAN HELP!

- Donate clothes, filing fees, food, money, gas cards ...
- Translate for the family.
- Plan a recreational outing.



VOLUNTEERS NEEDED



SUNDAY SERVICES

**AUGUST
THEME**

PROMISES

**SECOND SUNDAY
SECOND HELPING
AUGUST 2024 RECIPIENT**



CONGREGATIONAL COVENANT

*"Covenant" is Latin for "walking together."
This Covenant is a living, dynamic document
describing how we intend to live the Principles
we value in our religious community.*

We, the members of UUFCC, covenant to support and cherish all our members and friends and encourage each other to honor these high standards of relationship.

We value a free, open, and mutually respectful exchange of ideas. We honor all voices and encourage thoughtful freedom of expression.

We respect each other's views, backgrounds, and spiritual ideas. We listen to each other without judgement or interruption and speak directly with a person instead of about a person. We will address issues and behaviors, rather than people and personalities.

We will be considerate but courageous in name behavior that diminishes our community. We offer forgiveness and understanding and expect that from each other. In all situations, we strive to honor everyone's dignity and wellbeing.

We trust this Covenant will help us work well together to make decisions, solve problems, and express differences of opinion in a considerate, respectful, and genuinely caring way.

08-04-24 COVENANT

Speaker: Lorrie Douglas
Worship Associate: Sharon Whitehill

POTLUCK will be after 08-04-24 services.

08-11-24 JESUS LOVES YOU MINISTRY

<https://jesuslovesyouministry.org/>
Second Sunday Second Helpings are for worthy organizations in our community to intentionally support their good work.
Speakers: Amber Christopher and Ashley Brantley
Worship Associate: Lorrie Douglas

08-18-24 PROMISES THAT NEED ONGOING WORK

Speaker: Rev. Ann Barker
Worship Associate: Ryan Richardson

08-25-24 POETRY

Speakers: Various Fellowship Members
Worship Assoc.: Shelley Canterbury/Ryan Richardson

THE BOOK OF LIFE

Your Book of Life entries or announcements you would like read from the pulpit Sunday mornings are important. Make sure your entry or announcement gets read on Sunday morning; send it to:

If you have an emergent/urgent need to be announced after that, please call the worship associate directly. See info in Weekly Update.

bookoflife@uufcc.org

by 6:00 p.m. Saturday



Your
Worship
Associate
Committee



08/04 Linda Himes
 08/20 Norma Jock
 08/23 "Fossil" Bill Howat
 08/25 Rosemary Hagen
 08/30 Maureen Peters
 08/31 Roxann Luning

For Birthday Shoutouts, contact Caring Committee:

office@uufcc.org

Weekly Events

Sundays 09:00 am Conversation Among Friends

10:30 am Worship Services

Wednesdays 07:00 pm Happy Hour with John Lee

Links

Use **UNIVERSAL ZOOM** for most activities
<https://zoom.us/j/93526372148>

To add to **SUNDAY ANNOUNCEMENTS** or **BOOK OF LIFE**
 email bookoflife@uufcc.org by Saturday night

CONVERSATION AMONG FRIENDS
<https://zoom.us/j/95584243345>

CHALICE CIRCLES have their own Zoom links.

Azar Chalice Circle
<https://zoom.us/j/92886172999>

IMMIGRATION JUSTICE COMMITTEE
<https://zoom.us/j/97789863043pwd=c2tUenpGMmhjSExaUINOL3VHNIK5UT09>

UUFCC Social Group Sign-Up
social-uufcc@googlegroups.com

Spanish for Beginners
<https://us02web.zoom.us/j/81408957224pwd=cUhGejBuOVVRckU0L1R2SkM2SXhZQT09>

AUGUST 2024 EVENTS

08/01 Thu 04:30 pm Buddhist Meditation
 07:00 pm AA

08/03 Sat 10:00 am Worship Associates

08/04 Sun POTLUCK SUNDAY
 Noon PFLAG Steering Committee

08/05 Mon 04:00 pm Azar Chalice Circle

08/06 Tue 08:00 am Men's Coffee

08/07 Wed 11:00 am Welcome Team
 Noon Brown Bag Social Lunch
 04:00 pm Immigration Justice Committee
 05:00 pm Choir Rehearsal

08/08 Thu 04:30 pm Buddhist Meditation
 07:00 pm AA

08/09 Fri 10:00 am Art Take Down
 01:00 pm Communications Committee

08/10 Sat 09:00 am Democratic Committee

08/11 Sun 11:45 am Social Justice Committee

08/12 Mon 10:30 am Program Committee
 01:30 pm Shaw Chalice Circle

08/13 Tue 08:00 am Men's Coffee

08/14 Wed 10:00 am Caring Committee
 05:00 pm Choir Rehearsal

08/15 Thu 04:30 pm Buddhist Meditation
 07:00 pm AA

08/16 Fri 04:00 pm ART RECEPTION

08/18 Sun BIRTHDAY CAKE SUNDAY

08/19 Mon 10:00 am Art Committee
 12:30 pm Mike K. Chalice Circle
 04:00 pm Azar Chalice Circle
 06:00 pm PFLAG Support Group

08/20 Tue 08:00 am Men's Coffee

08/21 Wed 04:00 pm Immigration Justice Committee
 05:00 pm Choir Rehearsal
 06:00 pm NAACP Executive Board

08/22 Thu 04:30 pm Buddhist Meditation
 07:00 pm AA

08/24 Sat 10:00 am UUFCC BOARD MEETING

08/25 Sun 03:00 pm Secular Community of SW FL

08/26 Mon 01:30 pm Shaw Chalice Circle

08/27 Tue 08:00 am Men's Coffee

08/28 Wed 05:00 pm Choir Rehearsal

08/29 Thu 04:30 pm Buddhist Meditation
 07:00 pm AA

MISSION: UUFCC is a liberal religious community committed to justice, a place where spirituality, diversity, reason, compassion, service, and fellowship meet. *(Adopted at 03-24-24 Annual Meeting.)*



PURPOSE: UUFCC is a religious community committed to diversity and social justice where spirituality, reason, compassion, service and fellowship meet. *UUFCC Bylaws Art. III (Adopted 03-27-22).*

VISION: Using our Covenant as a guide, we will provide expanded opportunities for ministries, programs and fellowship that inspire and support our life journeys. We will affirm: Love is the spirit of this Fellowship, and service is its law. This is our aspiration: To dwell together in peace, To seek truth in love, And to help one another. In the larger community, we will continue to be a strong, relevant voice serving justice and equality. *(Adopted 03-24-24.)*

WELCOMING: UUFCC strives to practice non-discrimination by embodying what UUFCC hopes to see in the world—a just, loving community in which people are free to be themselves fully and without fear. *UUFCC Bylaws Art. IV (Adopted 03.27.22).* [UUFCC: FOUNDED IN 1969.]

SUBMISSIONS INFO

COMM **UU** NIQUÉ welcomes submissions of 300 words or less.

Submissions may be edited for spelling, grammar, punctuation, clarity, legal ramifications, length, or general taste at the editors' discretion. Editors reserve the right to refuse to publish submissions for the same reasons. While acceptance rules are lenient, the editorial board will reject that deemed potentially libelous, racist, hateful, or a personal attack.

Anonymous submissions are not accepted.

MEMBER SPOTLIGHT SUGGESTIONS & IDEAS

Yes, we'd like to get to know you if we could ... (Spanky & Our Gang flashback?)

Tell us about you. What is your background? Where are you from?

Tell us about your life journey. What brought you to Florida and when?

Tell us about your career paths. Accomplishments? Interests? Hobbies?

How did you come to UUFCC? What keeps you here?

Tell us about current and past UU roles or involvement.

Something else? You decide! You tell us what you want us to know!

UUFCC directory/archives picture is used unless another is provided.

REALITY CHECK — DISCLAIMER — THE FINE PRINT

Views and opinions expressed in submissions are personal and belong solely to the author/submitter.

Views and opinions expressed do not necessarily reflect the official view, policy, Principles, Covenants, or positions of UUFCC or its newsletter editors.

Views and opinions expressed are not intended to malign any religion, ethnic group, organization, individual, or anyone or anything.

Guarantees are not made as to completeness, accuracy, usefulness, or timeliness.

SUPPORT ONE ANOTHER'S INDIVIDUAL SPIRITUAL JOURNEYS

Content is not intended to be negative, divisive, and/or diminishing.

Encourage and value a free, open, and mutually respectful exchange.

Uphold one another's First Amendment right to free speech.

Take all content kindly and in the spirit in which it was intended.

Cherish our Beloved Community.

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UUFCC

COMM **UU NIQUÉ**

Can you say kuh-myoo-nuh-kay?

EDITORIAL BOARD

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300-word limit articles due

1-wk before last day of month:

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