



Unitarian Universalist Fellowship of Charlotte County
1532 Forrest Nelson Boulevard, Port Charlotte, Florida 33952
941.627.4303 – www.uufcc.org – www.facebook.com/uufcc

COMMUNIQUE

Can you say kuh-myoo-nuh-kay?

UNITARIAN UNIVERSALISM promotes SEVEN PRINCIPLES as strong values & moral guides:

1st Principle

The inherent worth and dignity of every person;

2nd Principle

Justice, equity and compassion in human relations;

3rd Principle

Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle

A free and responsible search for truth and meaning;

5th Principle

The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle

The goal of world community with peace, liberty, and justice for all;

7th Principle

Respect for the interdependent web of all existence of which we are a part.

SUNDAY SERVICES

are at 10:30 a.m.
Services are hybrid:
in-person and
on YouTube.

www.youtube.com
UUFCC Port Charlotte

LETTER FROM THE BOARD

This month of June we are asked to consider the theme of **rejuvenation**. What in your life would benefit from a fresh look, examination and adjustment? Your beliefs? Capabilities? Priorities? Yes, we are all aware of what we can no longer do or what we don't want to do, but **what can we do that will add purpose to our lives?**

Co-President Lorrie and I have had a whirlwind fresh start, as neither of us anticipated being co-presidents. We've had to examine our strengths, weaknesses (what weaknesses :0 ?), passions, and job preferences. Our co-president relationship is **built on years of friendship**, yet we've discovered new aspects and energy that have already influenced our decisions. **It is a gift to have each other.**

I would particularly like to mention our **supportive, vibrant Board**. Each Board member has been heavily involved for years and yet in March they immediately volunteered to share different Board responsibilities.

Laura A. was a supportive wordsmith for this. It is indeed a **Board of "doers"** who care deeply about UUFCC and what it takes to keep it going.

As volunteers ourselves, we see and are in awe of all who devote their time and finances



to our Fellowship. Because of you, we have a place for our collective needs. We are a people of diverse philosophies, backgrounds, and priorities who come together like spokes of a wheel to the center, our covenant, which binds us all.

UUFCC matters in the state of Florida, in Charlotte County, and in our hearts. We take our responsibility of stewardship seriously.

Through our covenant, we are also charged to take care of our own dear Fellowship as well, by valuing each other enough to **be kind at all times**, no matter how much energy it may take.

We are so lucky to have

Rev. Ann and Rev. Bob to support our emotional and spiritual needs.

I personally hope we can reinstitute discussion and exploration opportunities that enlighten. So many possibilities! UUFCC needs to build on our resilience and collective energy. **The Board depends on your creative ideas, positive input and, yes, patience** as we take on this rejuvenation project.

Happy to be at UUFCC!

Laura Liermann, Co-President
UUFCC Board of Trustees

Brief Bio: Army brat; Liberal Catholic/Agnostic upbringing;
Wife, Mother, Teacher, Volunteer;
Loves hands-on hobbies.



CHARLOTTE COUNTY and CHARLOTTE'S WEB

Children's Day scampers around like a mouse. Most nations honor Children's Day but the different countries have chosen different dates. The month of June is popular. The academic year comes to an end and students and teachers move forward to something new. Some take summer jobs, and some go to summer school, and some relax for a few weeks.

In the U.S., the first Children's Day on record was celebrated in 1857 by a Universalist congregation near Boston.

The Universalists chose the second Sunday in June for their celebration. Other religious groups adopted the custom. Children's Day activities were popular in many places, and then they faded from the picture, and now they're being rediscovered.

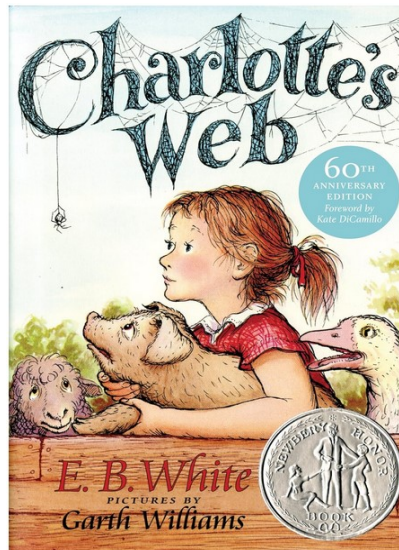
"Charlotte's Web" is one of the great children's stories. It was mentioned during our Sunday service on May 26th. "Charlotte's Web" was written by Elwyn Brooks White during the twentieth century.

E.B. White was a UU and he wrote a classic UU story that finds something wonderful without becoming lost in theology.

In some ways, the "Charlotte's Web" story is very simple. A pig named Wilbur is rescued by a girl named Fern. Wilbur is exiled to a barn and, as he grows larger, there's talk about taking him to the meat market. Wilbur is rescued again. This time, he's saved by a spider named Charlotte. She weaves a magical web. There's a happy ending. More or less. At the end of the parable, the young pig is protected, but life has changed for the major characters, and some are a bit wiser and some are a bit kinder because of the changes. Change is one of the major themes in the "Charlotte's Web" story.



**Rev.
Robert (Bob) Murphy
Unitarian Universalist
Community Minister
Florida**



"What's important in life?" is a question that E.B. White often asked in his essays. Different characters in "Charlotte's Web" respond in different ways. The animals in Homer Zuckerman's barn are very individualistic. Wilbur feels sorry for himself. Templeton the rat is clever but sometimes he's just irritable. Fern wanders in and out of the story, and sometimes she listens to the animals, but she's easily distracted. Charlotte the spider is more dependable, but she acknowledges that a spider's life can be "something of a mess, with all this trapping and eating flies." Being Charlotte is not easy.

If you're a spider, finding your next meal is important, and the story is much the same for other creatures. Charlotte the spider was unusual because she decided, in her own way, that she wanted to lift her life up just a trifle. The crickets sang a song about sadness and change. Everybody heard the song but Charlotte the spider was the only creature who was moved to action. She's not present for the start of the story, but she takes it in the right direction for a few chapters.

Children are uneasy and the old folks are uncertain. Anything may be possible in Florida. The sea keeps rising and each summer is hotter than the previous summer. The local police have been hard on homeless people during recent weeks, refugees arrive from the Caribbean islands and other places, and there are too many guns and too many pills in the neighborhood. Life is changing very fast and we know that we're vulnerable.

Be nice to your neighbors.

We can do some good as we move into hot weather and hurricane season.

CANDIDATE MEET AND GREET

Saturday, June 15
3-5 p.m.

Unitarian Universalist Fellowship of Charlotte County
1532 Forrest Nelson Boulevard
Port Charlotte FL 33952

**Meet the Candidates for 2024
Charlotte County Court Judge**

Group 1

**Sean M. Lux
Jeffrey A. Rapkin
Kathryn Wallace**

Group 3

**Michael G. Powell
Scott Weinberg**

Group 2 is unopposed sitting Judge John L. Burns



**Social Justice Committee
Unitarian Universalist Fellowship of Charlotte County
and
League of Women Voters of Charlotte County**



UUA GENERAL ASSEMBLY
VIRTUAL GA • JUNE 20 - 23, 2024

WARE LECTURER

If you have been to a General Assembly of the Unitarian Universalists, you know one of the highlights of the conference is the Ware lecture.

The first Ware lecture was given in 1922 and has been delivered almost every year since. If you look at the list of people who have given these talks at annual gatherings, you will (I guarantee it!) be impressed!

While you need to be registered for GA to listen live, some of the past years' talks are available on the UUA website.

This year's Ware Lecturer is outstanding. Julia Watts Belser (she/her) is a rabbi, scholar, spiritual teacher and a longtime activist for disability and gender justice. She is Professor of Jewish Studies in the Department of Theology and Religious Studies at Georgetown University. This from the UUA: Her work brings ancient Jewish texts into dialogue with disability studies, feminist thought, queer theory, and environmental justice ethics. She is a cultural historian of rabbinic Jewish literature and a contemporary Jewish feminist theologian who draws disability arts and culture into provocative conversation with Jewish tradition to challenge structural violence, deepen our capacity for social justice, and honor the sacredness of disabled people's lives.

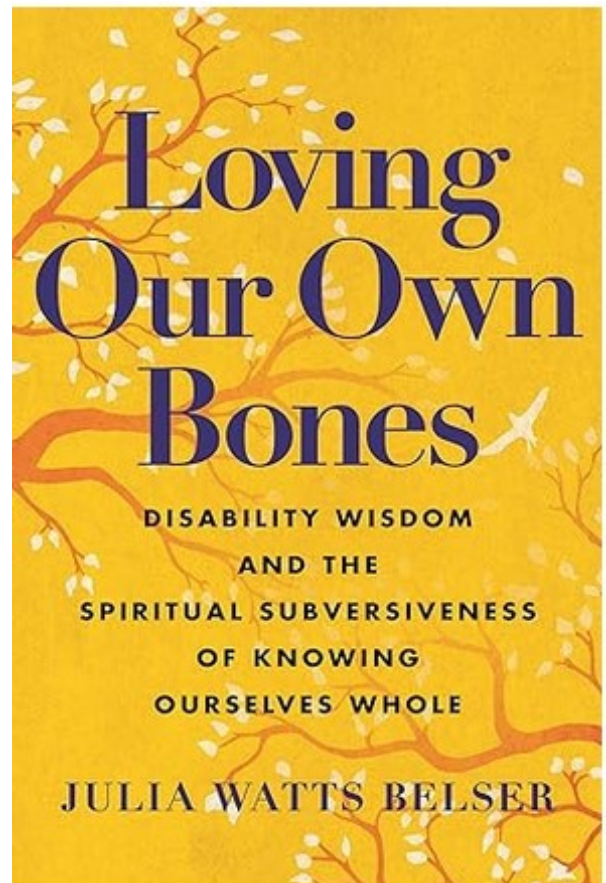


Julia Watts Belser
Rabbi, Scholar, Spiritual Teacher
and longtime activist for
disability and gender justice



Laura Anderson

Belser has written several books. Her most recent book, "Loving Our Own Bones: Disability Wisdom and the Spiritual Subversiveness of Knowing Ourselves Whole," is the recipient of a National Jewish Book Award. It is available from the publisher, Beacon Press, in either print or audio, and Kindle version is also available on Amazon.



**Caring for one another is a core spiritual practice for Unitarian Universalists.
Pastoral care is the term we use for the way
we offer support and compassion to each other in community.**

FROM OUR PASTORAL CARE SPECIALIST

I don't know about you but I felt slightly anxious and a little off balance when a few people at the Fellowship recently became ill with Covid-19. Just when we might have been thinking that disease was behind us, masking and distancing were the order of the day.

The reality is that the disease will most likely be with us for years to come and we who are older adults are still vulnerable. In fact, we are vulnerable to one thing or another all the time.



How are you coping with that?

Would you like to talk with someone about those feelings or in fact anything?

That's what I'm here for.

Call me at 941-235-0269

or

email at revannbarker@gmail.com

and

we will set up an appointment.

Rev. Ann Barker

TIME IS RUNNING OUT ON OUR ABILITY TO MITIGATE THE RISE IN GLOBAL TEMPERATURES BEFORE CRITICAL ECOSYSTEM FEEDBACK LOOPS ARE DAMAGED BEYOND OUR CAPABILITY TO EFFECTIVELY REPAIR THEM.

— *Joe Oyer*



In past newsletters, our dear readers may have read pieces by Alan Searl, me or others interested in mitigating climate change. The facts are obvious and build a case that points directly to human activities causing a build-up of greenhouse gases such as carbon dioxide and methane. Among other harmful effects, these gasses block the natural cooling effects of our atmosphere, warming our planet with a multitude of deleterious and, need I say, disastrous effects.

The cost of our collective inaction is already being born by so many and will be markedly worse for future generations. It is also a cost born by many, if not most, of earth's plants and animals. From a social justice perspective, this cost will, once again, be heaviest on those least able to defend themselves from the multitude of deleterious effects directly related to a worsening climate.

Contemplating the future can be depressing. I have lobbied our US Congress representatives from Districts 17 and 19 multiple times through **Citizens Climate Lobby**. **Lindsey Kohlenberg** has been our indefatigable and fearless leader in these efforts to both educate and support climate friendly legislation. These representatives are interested in building up infrastructure to resist storms and floods but they seem to be not at all interested in addressing the root causes of climate change, particularly our current dependence on fossil fuels. As a matter of record, **we have been told not to use the term *climate change*** when speaking with them.

WHAT CAN WE DO TO EFFECT CHANGE, TO MITIGATE RISING AIR, LAND AND OCEAN TEMPERATURES AS WELL AS RISING SEA LEVELS?

- Eat less or no meat or dairy products;
- Drive more fuel efficient cars, esp. hybrids or EVs;

- Take public transportation when possible;
- Use less energy to heat or cool our homes— install rooftop solar panels, form a solar electric cooperative, install rooftop solar water heaters— helpful and healthy endeavors .

MORE IS NECESSARY TO GET THE JOB DONE

It is critical that our elected officials represent us, the citizenry, and not special interests whose short and long term goals are profits with little to no concern for the common good. With climate, social justice and the overarching common good in mind, the choices in the upcoming election are critical. The difference in vision expressed by the two major candidates is stark. While we may, and I do, have issues with all of the candidates, we must choose candidates that give us the opportunity to make progress. Choose candidates who emphasize improving the climate as well as social justice and strengthen the common good.

Our UU values encourage us to think about our actions and then to walk the talk.

WHAT ELSE CAN WE DO?

- Vote and encourage others to vote!
- Help register voters.
- Send postcards encouraging voter registration.
- Encourage Voter Registration Drive contributions.
- Canvass door-to-door, by text, or by live voice.
- Check out organizations designed to get the vote out and join forces with one or two.
- Share tips with receptive friends and relatives.

All hands are needed!

Thanks for taking the time to read this and thanks for your efforts on behalf of the climate, social justice, the greater good, and our democratic process. Let us walk the talk together.

More TIME IS RUNNING OUT p.7

TIME IS RUNNING OUT from p.4

**These organizations are designed to
GET THE VOTE OUT**

Help register voters with shared values,
especially in swing states as
these battleground states will likely
make the difference in the election.



From our work for marriage equality, women's suffrage, abolition of slavery, for civil and voting rights, to advocating for a path to citizenship for immigrants, to taking on the 'New Jim Crow' and white supremacy today,

UUs HAVE A LEGACY TO CARRY ONWARD.
There is a role for everyone in this work.

The work of volunteers will be critical to building and sustaining this massive coordinated campaign.

<https://uuthevote.org/get-involved/>



<https://fieldteam6.org/>

**MOVEON
COMMUNITY
SUPPORT TEAM**

Volunteer with moveon.org

Got some serious time to give?
Volunteer with MoveOn to support and train others members, turn out voters, etc.

Unitarian Universalist Justice Florida
Bending Florida toward Justice

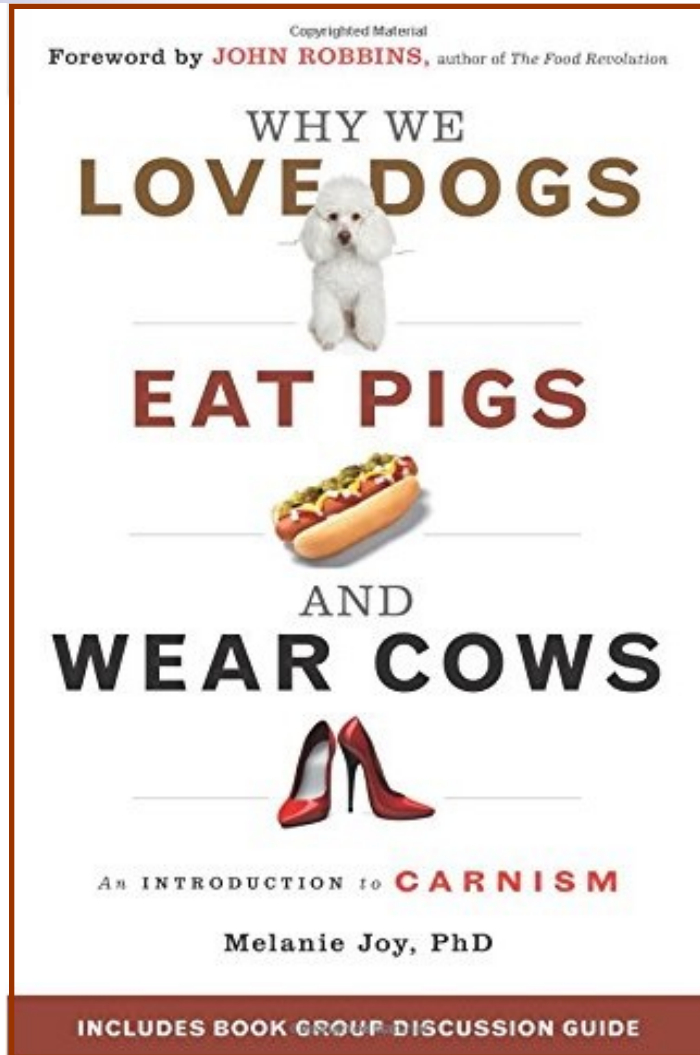
A statewide justice ministry for members of 45 Unitarian Universalist congregations in Florida and their social justice committees in partnership with other interfaith and public interest organizations to promote justice, equity and compassion in public policy.

<https://uujusticefl.org/>

POSTCARDS TO SWING STATES
A Progressive Turnout Project Initiative

Help write postcards to voters in 11 key states! We'll mail you free postcards, voter lists and instructions with proven message options. You'll provide the stamps and mail the postcards to voters in October.

<https://www.turnoutpac.org/postcards/>



Unitarian Universalists include, but are not limited to, agnostic, atheist, Buddhist, Christian, earth-centered, Hindu, Humanist, Islam, Jewish, Muslim, Pagan, Taoism, believers in God, and more.
www.uua.org/beliefs/who-we-are

According to Amazon.com, the paperback edition of the above book has a foreword by activist and author John Robbins and a reader's group study guide. This groundbreaking work, voted **ONE OF THE TOP TEN BOOKS** of 2010 by VegNews Magazine, offers an absorbing look at why and how humans can so wholeheartedly devote ourselves to certain animals and then allow others to suffer needlessly, especially those slaughtered for our consumption.

Social psychologist Melanie Joy explores the many ways we numb ourselves and disconnect from our natural empathy for farmed animals.

The author coins the term:

“CARNISM”

— the belief system that has conditioned us to eat certain animals and not others.

In “Why We Love Dogs, Eat Pigs, and Wear Cows,” Joy investigates factory farming, exposing how cruelly the animals are treated, the hazards that meatpacking workers face, and the environmental impact of raising 10 billion animals for food each year.

Controversial and challenging, this book will change the way you think about food forever.



UU SOURCES OF OUR LIVING TRADITION

UU congregations “live out [their seven] Principles within a ‘living tradition’ of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture and personal experience. These are the six sources our congregations affirm and promote:

- “Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- “Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- “Wisdom from the world’s religions which inspires us in our ethical and spiritual life;
- “Jewish and Christian teachings which call us to respond to God’s love by loving our neighbors as ourselves;
- “Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- “Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.”

<https://www.uua.org/beliefs/what-we-believe/sources>

QUALIFIED CHARITABLE DISTRIBUTIONS (QCD) and FINANCIAL PLEDGES

— *Dr. Mike Krzyzkowski*



The UUFCC Board has asked me to comment on the benefit of the QCD (Qualified Charitable Distribution) when making a financial pledge to UUFCC.

QCD allows one to contribute directly to a bona fide charity from an IRA without having to pay the tax on the distribution.

QCD reduces your income tax by lowering your adjusted gross income (AGI).

I have found it very useful to simply advise the administrator of my IRA to donate a certain amount to UUFCC. They send a check directly to UUFCC, and I don’t have to worry about it for the rest of the year. Otherwise, I would be paying income tax on the donation.

We all like to save money.

If you haven’t made your pledge yet, please consider QCDs. They will make your life a bit easier, *and* save some money.

See the link below for more information on QCD’s.

<https://www.investopedia.com/articles/financial-advisors/032116/how-use-qcd-rule-reduce-your-taxes.asp>



HIGHLIGHTING

CONVERSATION AMONG FRIENDS

Meets Sundays 9-10 am on the UUFCC back porch

A friendly, nonjudgmental forum where UUFCC members & friends get to know each other better, enriching our Beloved Community.

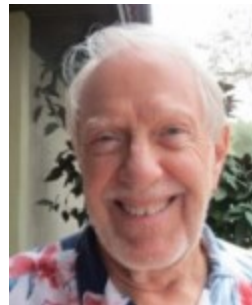


Joseph Fenty

CAF is a place to make friends and gain wisdom. Each week a new topic is selected by group participants to analyze the issues using critical thinking, past experiences, and feelings. These UUFCC members and friends exchange ideas, anxieties, stories and wisdom. As we share our innermost thoughts, **we gain community, trust and insight.** Even well-established beliefs are tested to determine if the truths are universal. I like the mental stimulation that emerges when different people wrestle with ideas, philosophies and subjective truths. Often I appreciate dialogue more than passive participation. I learn best when in dialogue with smart and seasoned people. CAF comfortably fits into my learning style. I am a UU at UUFCC because CAF is allowed to flourish.

Conversation Among Friends is a gift that keeps on giving. It's **our principle of inclusion in practice.** We choose a subject each week to discuss. A group of open-minded, intelligent people with diverse backgrounds expressing their opinions and facts on a range of interesting topics. I personally find this forum delightfully satisfying. I love discussing different opinions, sometimes even changing my mind. We get to know each other better. Not many opportunities in life where this is available. I look forward to this gift every Sunday.

It deepens my love for UUFCC.



Robert Moran



Conversation Among Friends is **one of the main connections I have to UU.** It has caused me to make regular contributions to UU and have **growing friendships within UU.** Thursday Meditation is the other connection that seals my being a "Friend" of UU. It's like standing on two feet: If you take one away, I'll fall over!

← Maureen Peters

My first time to UUFCC (and to any UU for that matter), I arrived early and was encouraged to join the CAF group. They were **so welcoming** and their discussion so engaging and thoughtful, I felt I fit in here. Because of CAF, I entered the sanctuary day one already knowing others, many more deeply.

I wanted to be part of such a clearly **beloved community.**

MaryLou Proudfoot Kennedy →



CONVERSATION AMONG FRIENDS

Mission Statement

To create a free and responsible search for truth and meaning by fostering an environment where participants share ideas, observations, analysis, and feelings about a variety of topics that speak to the human condition, and collectively create a platform where individuals develop knowledge and wisdom that leads to fulfilling and meaningful lives.

An Elevator Speech

Unitarian Universalists gather in community to support one another's individual spiritual journeys, trusting that openness to one another's experiences will enhance their own understanding of their own links with the divine, with history, and with one another.

—UU Rev. Jonalu Johnston, Oklahoma City, Oklahoma
<http://archive.uuworld.org/2003/06/affirmations.html>

JUNE, MIDPOINT OF CHANGING SEASONS

June is the sixth month on both the Julian and Gregorian calendars. From Roman Mythology, June is named after **Juno, the ancient Goddess of marriage and childbirth**. She is the counterpart to the male god Jupiter, the god of thunder and sky. June signifies flowers and the sunlight of the summer solstice which begins on the 20th of the month.

Looking over the history of the last century, this month of flowers and sunshine has a few highlights like:

**“JUNE IS BUSTIN’ OUT ALL OVER!
All over the meadow and the hill.
Buds’re bustin’ outa bushes.
And the rompin’ river pushes
Ev’ry little wheel that wheels beside a mill.
JUNE IS BUSTIN’ OUT ALL OVER!”**

Music and lyrics by Rodgers and Hammerstein for *Carousel*, the Broadway hit of 1945.

Other events caught my eye as I perused the historical month of June:

June is **LGBTQ+ Pride Month**.

June 6, 1944 is **D-Day**—Normandy landings took place during WWII.

June 19, 1926: **DeFord Bailey** was the first African American to perform on Nashville’s Grand Ole Opry.

June 14th is **Flag Day**.

June 16th is **Father’s Day**.



Magi Cicada

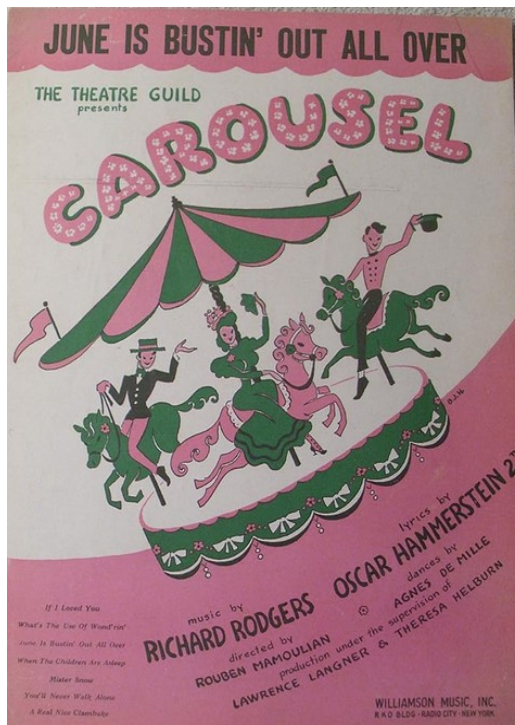
June 19, 1865 is **Juneteeth Day**, aka Freedom Day for enslaved people of color.

June 1868: **Navajo History Last Treaty**. The U.S. Army forced 10,000 Navajos to march 300 miles to a 40 square mile reservation in New Mexico.

This during the Civil War.

June 1936: **Jesse Owens**, an African American, set the 100 meter world record of 10.2 seconds.

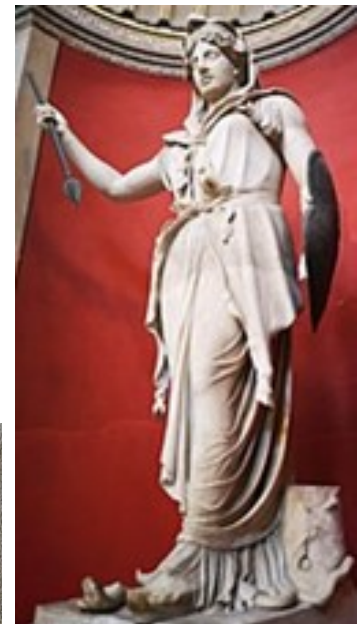
This June of 2024, however, presents an event which hasn’t occurred since Thomas Jefferson was POTUS. **Two different broods of cicadas (XII and XIX) are emerging at the same time**. Usually, one is on a 13 year cycle and the other 17. Affected areas are the Midwestern and Southeastern parts of the U.S. The very loud swarm lasts only a few weeks to hatch, breed and die. **Yes, roasted, cicadas are eaten in other less finicky cultures.**



Sheet music available on Amazon



Stephanie Garrett



Ancient Goddess Juno

Unitarian Universalism is a liberal religion characterized by a free and responsible search for truth and meaning.

Unitarian Universalists assert no creed, but instead are unified by their shared search for spiritual growth, guided by a dynamic, living tradition.

en.wikipedia.org/wiki/UnitarianUniversalism



**OUR UUFCC CAPAS FAMILY
NOW HAS A CAR
and
HAS BEGUN JOB HUNTING!
*Thank you, UUFCC!***

CAPAS
Community
Accompaniment
Program with
Asylum
Seekers

On Monday, May 13, 2024, two UUFCC members drove our CAPAS mother to pick up a gently used car at Noble Auto Sales in Englewood. Getting to this point has been a long and arduous journey requiring much time and effort. This UUFCC couple (who wishes to remain anonymous) took it upon themselves, stepped up to the plate and put all the parts together to find, buy and insure a Toyota Solara that should bring **independence and a new beginning** to this dear family.

Initially, Suzi Barbee, another UUFCC member, generously donated a used Volvo that the above-referenced UUFCC members then took to the dealer in Sarasota for a safety check. Once home, they then took the Volvo to their local mechanic who discovered that the cost of repairs would exceed our budget and the worth of the car. It was then decided that it would be better to trade in the Volvo and buy the used Toyota Solara



that Noble Auto Sales was offering at cost.

So many to thank!

- The UUFCC Immigration Justice Committee would like to thank our **anonymous UUFCC couple** for helping the UUFCC IJC help our CAPAS mother through this journey.
- We also want to thank **Suzi Barbee** for donating the Volvo that was used as a trade in.
- We would also like to thank **all the volunteer drivers** who provided transportation for the CAPAS family for a year and a half.
- Additionally, thanks to **those who submitted letters of recommendation** on her behalf. Sorangel, our UUFCC CAPAS mother, is actively seeking a job.

Yes, it does take a village!

Thank you all for your support.

— *Betty Barriga, Chair*
UUFCC Immigration
Justice Committee

Throughout history and around the world, people have found ways to accompany, shelter, and defend the rights of those who are at risk of persecution. UUSC CAPAS supports communities of faith as they host and accompany individuals and families seeking safety through the process of obtaining legal asylum in the United States. UUSC CAPAS invites us to join them in this journey of welcoming people exercising their human right to mitigate and resist our government's xenophobic immigration policies.

<https://www.uusc.org/initiatives/asylum-is-a-human-right-uuscs-congregational-accompaniment-project-for-asylum-seekers-capas/>

MY JOURNEY WITH GEORGE — Alice Clattenburg



As our 70th wedding anniversary approaches, I've been recalling not only George's accomplishments as a metallurgical engineer, but also as an avid volunteer. Retiring at 60, he was always at the gym, playing racquetball or taking on more volunteer work. From ages 60 to 80, he completed the Jimmy Fund Walk, a fundraiser for children with cancer that follows the Boston Marathon 26.2 miles route. At 85, he walked 13.1 miles, raising \$100,000 over the years.

I depended on George to do the physical chores, pay bills, book airline flights, etc. About 11 years ago, we began to notice subtle changes in him — forgetting names, appointments, words — figuring it was the aging process. When he got lost while running an errand, I joined a support group for caregivers which was very helpful. It was there I learned never to say, "Don't you remember?" to George.

George always had interesting ideas, like introducing UUFCC members to Charlotte County Jazz Society. Because his record-keeping abilities had declined, I had to do most of the paperwork connected to these ideas. Simple jobs, like taking out the trash and recycling became confusing for him. Soon he asked me to take over the bill-paying.

After he had a couple of fender-benders in our neighborhood, I also took over all the driving.

Taking care of a loved one with dementia 24/7 can be very demanding, frustrating and exhausting, and patience was never one of my virtues. I learned that, although he was the same man I married, his brain doesn't function in the same way. George attended Adult Day Care in Venice three times a week for over a year. After I had a bad fall, moving into an independent living facility was our best option, and I hired caregivers for showering and dressing him twice a week.

Since he became unable to walk any distance even with a walker, he spends most of the time in his wheelchair. We decided to move back up north to be near family and are now living in an assisted living/skilled nursing facility in Rhode Island. We're living separately, but under the same roof, so I see him every day.

Full conversations with George are non-existent. When he says something that has no relevance to the situation, I just nod and agree with him. I don't argue with him and don't demand answers because his brain doesn't have the capacity for answers. I'm just happy that he's content with his situation, that he's well-cared for, and that we see our kids every week.

GO VEGAN



COMPASSION



NONVIOLENCE



FOR THE ANIMALS



FOR THE PLANET



FOR THE PEOPLE

GOBI MANCHURIAN

PREP TIME: 15 minute
COOK TIME: 15 minute
TOTAL TIME: 30 minute

Serves 2

FRIED CAULIFLOWER INGREDIENTS

oil for deep frying
5 TBS all-purpose flour
3 TBS cornmeal
1/3 cup water
1 teaspoon ground black pepper
3/4 teaspoon salt, or to taste
15 cauliflower florets

MANCHURIAN SAUCE INGREDIENTS

3/4 cup vegetable stock, divided
1 TBS cornmeal
1 TBS soy sauce
1 TBS ketchup
1 TBS chili-garlic sauce
(such as Sriracha®)
Salt to taste
1 TBS vegetable oil
1/2 cup chopped onion
1 green chili pepper, fine-chopped
3 cloves garlic, minced
1 tsp finely chopped ginger
1 green onion, chopped,
or to taste (Optional)



Ryan Richardson

DIRECTIONS

1. Heat oil in a large pot over medium heat.
2. Mix flour, cornmeal, water, black pepper, and salt together in a bowl to make a thick batter. Toss in cauliflower florets and mix until coated.
3. Deep fry cauliflower a few florets at a time until golden brown, about 3 minutes. Transfer to a paper towel lined plate.
4. Mix 1/4 cup vegetable stock with cornmeal in a bowl. Add soy sauce, ketchup, chili-garlic sauce, and salt.
5. Heat oil in a wok or frying pan over high heat. Add onions, chili pepper, garlic, and ginger and stir fry for a few seconds. Add cornmeal mixture and cook 1 to 2 minutes. Add remaining vegetable stock and cook until very thick, about 10 minutes. Remove sauce from heat.
6. Spoon sauce over fried cauliflower and toss slightly. Garnish with green onions.

Serve and enjoy!

**LOOK
AT THIS**



**UUFCC
GENEROSITY!**

**MAKE A
DIFFERENCE**

**SECOND
HELPING**

Your FEBRUARY 2024 Donations Totaled
\$990.00

For
NAACP
Charlotte County
Branch 5093-B
FIGHTING
FOR CHANGE
AND JUSTICE



Wow!

**PEACE GARDEN
ENGRAVED PAVERS**

Honor beloved UUFCC
members and friends
AND help UUFCC.

\$75 buys one paver of which
\$45 gets donated to UUFCC

Use **ORDER FORM**
in **WEEKLY UPDATE**



ENDOWMENT

Honor beloved Fellowship members
and friends AND help UUFCC.

Endowment funds assure
UUFCC's financial future and
further UU principles and practices.

Make contribution to:
UUFCC Endowment Fund
and on check memo line write
"In Memory of [beloved's name]"

In Memory

Of...



UUSC CAPAS

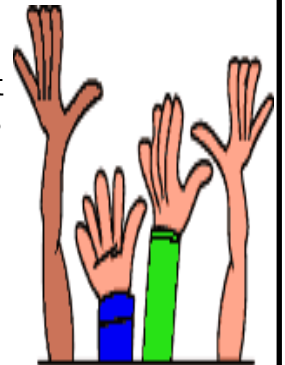
Congregational Accompaniment
Project for Asylum Seekers
and

UUFCC

are assisting a Venezuelan
family seeking asylum.

YOU CAN HELP!

- Donate clothes, filing fees, food, money, gas cards ...
- Translate for the family.
- Plan a recreational outing.



**VOLUNTEERS
NEEDED**



**SECOND SUNDAY
SECOND HELPING
JUNE 2024 RECIPIENT**



LEAGUE of UNITED LATIN
AMERICAN CITIZENS

Advancing economic condition,
educational attainment,
political influence, housing,
health and civil rights
of Hispanics in the USA

CONGREGATIONAL COVENANT

*"Covenant" is Latin for "walking together."
This Covenant is a living, dynamic document
describing how we intend to live the Principles
we value in our religious community.*

*We, the members of UUFCC,
covenant to support and cherish all
our members and friends and
encourage each other to honor these
high standards of relationship.*

*We value a free, open, and mutually
respectful exchange of ideas. We
honor all voices and encourage
thoughtful freedom of expression.*

*We respect each other's views,
backgrounds, and spiritual ideas. We
listen to each other without judgment
or interruption and speak directly with
a person instead of about a person.
We will address issues and behaviors,
rather than people and personalities.*

*We will be considerate but
courageous in name behavior that
diminishes our community. We offer
forgiveness and understanding and
expect that from each other. In all
situations, we strive to honor
everyone's dignity and wellbeing.*

*We trust this Covenant will help us
work well together to make decisions,
solve problems, and express
differences of opinion in a consider-
ate, respectful, and genuinely caring
way.*

SUNDAY SERVICES

**JUNE
THEME**

RENEWAL

06-02-24 A TIME FOR RENEWAL

Speaker: Rev. Ann Barker

Worship Associate: Ryan Richardson

06-09-24 LULAC – Charlotte Harbor Branch 7276

https://lulac.org/members/directory/Council_7276

Second Sunday Second Helpings are for worthy organizations
in our community to intentionally support their good work.

Speaker: Maria Lara & Jerry Garcia

Worship Associate: Shelly Canterbury

06-16-24 LESSONS FROM THE RULING ELDER

Speaker: Dennis Shaw

Worship Associate: Sharon Whitehill

**06-23-24 RENEWAL: SOMETHING NEW
OR SOMETHING DIFFERENT?**

Speaker: Rev. Chrystal Reichard

Worship Associate: Jackie Williamson

06-23-24 FLOWER COMMUNION

Speaker: Ryan Richardson

Worship Associate: Lorrie Douglas

THE BOOK OF LIFE

Your Book of Life entries or
announcements you would like read
from the pulpit Sunday mornings are
important. Make sure your entry or
announcement gets read on Sunday
morning; send it to:

If you have an emergent/urgent
need to be announced after that,
please call the worship associate
directly. See info in Weekly
Update.

bookoflife@uufcc.org

by 6:00 p.m. Saturday



Your
Worship
Associate
Committee



06/08 Sharon Goding
Desruisseaux

06/11 Jacqueline Williamson

06/18 Mary Pender

06/21 Ginger Abraham

06/30 Lynn Ritchie

For Birthday Shoutouts, contact Caring Committee:

office@uufcc.org

Weekly Events

Sundays 09:00 am Conversation Among Friends

10:30 am Worship Services

Wednesdays 07:00 pm Happy Hour with John Lee

Links

Use **UNIVERSAL ZOOM** for most activities
<https://zoom.us/j/93526372148>

To add to **SUNDAY ANNOUNCEMENTS** or **BOOK OF LIFE**
email bookoflife@uufcc.org by Saturday night

CONVERSATION AMONG FRIENDS
<https://zoom.us/j/95584243345>

CHALICE CIRCLES have their own Zoom links.

Azar Chalice Circle
<https://zoom.us/j/92886172999>

IMMIGRATION JUSTICE COMMITTEE
<https://zoom.us/j/97789863043pwd=c2tUenpGMmhjSExaUINOL3VHNIK5UT09>

UUFCC Social Group Sign-Up
social-uufcc@googlegroups.com

Spanish for Beginners
<https://us02web.zoom.us/j/81408957224pwd=cUhGejBuOVVRckU0L1R2SkM2SXhZQT09>

JUNE 2024 EVENTS

06/01 Sat 10:00 am Worship Associates
03:00 pm IJC Meet & Greet LULAC

06/02 Sun Noon PFLAG Steering Committee

06/03 Mon 12:00 pm Mike K. Chalice Circle
04:00 pm Azar Chalice Circle

06/04 Tue 08:00 am Men's Coffee Group

06/05 Wed 10:00 am Caring Committee
11:00 am Membership Committee
Noon Brown Bag Luncheon
04:00 pm Immigration Justice Committee
05:00 pm Choir Rehearsal

06/06 Thu 04:30 pm Buddhist Meditation
07:00 pm AA

06/08 Sat 09:00 am Democratic Club of Charlotte County

06/09 Sun 11:45 am Social Justice Committee

06/10 Mon 10:30 am Program Council

06/11 Tue 08:00 am Men's Coffee
01:00 pm NAACP Criminal Justice Committee

06/12 Wed 10:00 am Caring Committee
05:00 pm Choir Rehearsal

06/13 Thu 04:30 pm Buddhist Meditation
07:00 pm AA

06/14 Fri 01:00 pm Communications Committee

06/15 Sat 03:00 pm JUDICIARY MEET & GREET

06/16 Sun **FATHER'S DAY**
BIRTHDAY CAKE SUNDAY

06/17 Mon 10:00 am Art Committee
12:30 pm Mike K. Chalice Circle
01:30 pm Shaw Chalice Circle
04:00 pm Azar Chalice Circle
06:00 pm PFLAG Support Group

06/18 Tue 08:00 am Men's Coffee

06/19 Wed **JUNETEENTH**
04:00 pm Immigration Justice Committee
05:00 pm Choir Rehearsal
06:00 pm NAACP Executive Board

06/20 Thu 04:30 pm Buddhist Meditation
07:00 pm AA

06/22 Sat 10:00 am UUFCC Board Meeting

06/25 Tue 08:00 am Men's Coffee

06/26 Wed 01:30 pm Book Group
04:00 pm ARAY
05:00 pm Choir Rehearsal

06/27 Thu 04:30 pm Buddhist Meditation
07:00 pm AA

06/28 Fri 10:00 am Art Take Down

06/30 Sun 09:00 am Conversation Among Friends
03:00 pm Secular Community

MISSION: UUFCC is a liberal religious community committed to justice, a place where spirituality, diversity, reason, compassion, service, and fellowship meet. *(Adopted at 03-24-24 Annual Meeting.)*



PURPOSE: UUFCC is a religious community committed to diversity and social justice where spirituality, reason, compassion, service and fellowship meet. *UUFCC Bylaws Art. III (Adopted 03-27-22).*

VISION: Using our Covenant as a guide, we will provide expanded opportunities for ministries, programs and fellowship that inspire and support our life journeys. We will affirm: Love is the spirit of this Fellowship, and service is its law. This is our aspiration: To dwell together in peace, To seek truth in love, And to help one another. In the larger community, we will continue to be a strong, relevant voice serving justice and equality. *(Adopted 03-24-24.)*

WELCOMING: UUFCC strives to practice non-discrimination by embodying what UUFCC hopes to see in the world—a just, loving community in which people are free to be themselves fully and without fear. *UUFCC Bylaws Art. IV (Adopted 03.27.22).* [UUFCC: FOUNDED IN 1969.]

SUBMISSIONS INFO

COMM **UU** NIQUÉ welcomes submissions of 300 words or less.

Submissions may be edited for spelling, grammar, punctuation, clarity, legal ramifications, length, or general taste at the editors' discretion. Editors reserve the right to refuse to publish submissions for the same reasons. While acceptance rules are lenient, the editorial board will reject that deemed potentially libelous, racist, hateful, or a personal attack.

Anonymous submissions are not accepted.

MEMBER SPOTLIGHT SUGGESTIONS & IDEAS

Yes, we'd like to get to know you if we could ... (Spanky & Our Gang flashback?)

Tell us about you. What is your background? Where are you from?

Tell us about your life journey. What brought you to Florida and when?

Tell us about your career paths. Accomplishments? Interests? Hobbies?

How did you come to UUFCC? What keeps you here?

Tell us about current and past UU roles or involvement.

Something else? You decide! You tell us what you want us to know!

UUFCC directory/archives picture is used unless another is provided.

REALITY CHECK — DISCLAIMER — THE FINE PRINT

Views and opinions expressed in submissions are personal and belong solely to the author/submitter.

Views and opinions expressed do not necessarily reflect the official view, policy, Principles, Covenants, or positions of UUFCC or its newsletter editors.

Views and opinions expressed are not intended to malign any religion, ethnic group, organization, individual, or anyone or anything.

Guarantees are not made as to completeness, accuracy, usefulness, or timeliness.

SUPPORT ONE ANOTHER'S INDIVIDUAL SPIRITUAL JOURNEYS

Content is not intended to be negative, divisive, and/or diminishing.

Encourage and value a free, open, and mutually respectful exchange.

Uphold one another's First Amendment right to free speech.

Take all content kindly and in the spirit in which it was intended.

Cherish our Beloved Community.

UUFCC CONTACTS

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worship@uufcc.org

UUFCC

COMM **UU** NIQUÉ

Can you say kuh-myoo-nuh-kay?

EDITORIAL BOARD

Stephanie Garrett

MaryLou Proudfoot Kennedy

Herb Levin

300-word limit articles due

1-wk before last day of month:

editorialboard@uufcc.org

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